

Name: _____

Date: _____

THE DOCTRINE OF HOLY COMMUNION

“Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day. For My flesh is food indeed, and My blood is drink indeed.” (John 6:54–55)

Objectives

<i>Knowledge of God’s Will</i>	The Holy Communion is an important sacrament. Remember the Lord’s death and partake of the Holy Communion to have life in Christ and be resurrected on the last day.
<i>Knowledge of God</i>	God is truth, life, and power.
<i>Good Work</i>	Determine to live for Christ and live a holy life. Prepare for the second coming.

A. The Sacrament of Holy Communion

1. *The Origin of the Holy Communion (Mt 26:26–28; Lk 22:19; 1 Cor 11:17–26)*
2. *The Purposes of the Holy Communion (1 Cor 11:26; Jn 6:53–56)*

B. Materials Used in the Holy Communion

1. *Unleavened Bread:* The Bible uses leaven to represent sin, false teachings, and hypocrisy. Unleavened bread is transformed into the holy body of Christ, and it represents our separation from the world.
2. *Grape Juice:* The fruit of the vine is spiritually transformed into Jesus’ blood (Mt 26:28–29). Like leaven, yeast – which produces wine – represents sin in both the Old and New Testaments (1 Cor 5:6–8).

C. Holding the Holy Communion

1. *Begin in the name of Jesus Christ (Col 3:17; Mt 18:20)*
2. *Remember the death of Jesus Christ (1 Cor 11:26)*
3. *Examine ourselves, repent, and let go of our grudges (1 Cor 11:27–29)*
4. *Give thanks, and partake of the bread and juice (Mt 26:26–27)*

D. Restrictions of the Holy Communion

1. *Baptism required (Ex 12:43)*
2. *Repentance of sins (1 Cor 11:29–31; 1 Jn 5:16–17)*
3. *One location (Ex 22:26; 1 Cor 10:16–17)*
4. *No leftover bread and juice (Ex 12:10)*

E. The Spiritual Transformation of the Holy Communion

1. *More than just symbolism:* Partaking of the communion bread and juice has a direct relationship with our salvation (Jn 6:53, 55).
2. *A spiritual transformation:* Although physically the same, after consecration, the bread and juice are spiritually transformed into the body and blood of Christ through God’s promise and power.

Life Application: What Happens After I Receive the Holy Communion?

1. Remembrance and Proclamation of the Lord’s Death
2. Live Out the Divine Covenant
 - a. Live a holy, sinless life (1 Cor 5:7; 1 Pet 4:1–2)
 - b. Abide in His word and Spirit (1 Cor 6:17)
 - c. Love one another in unity (1 Cor 10:16–17; 12:20–27; Eph 4:16)
3. Prepare for the Second Coming

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Lesson 10 Homework Assignment

The Doctrine of Holy Communion

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Read							
Pray							

Memory Verse (John 6:54–55):

1. According to the memory verse, why must we partake of the Holy Communion?

2. What is a sacrament?

3. Name three ways we should live out the divine covenant. Explain each.

a.

b.

c.

4. Do you think you are prepared for the second coming? Why or why not?