LESSON 4

Samson Makes Bad Choices

Before You Teach

Samson

The name Samson means "the sun," which proclaims the radiance and mightiness of his life.

Samson is the third to last of the judges mentioned in the Bible. He was a mighty warrior who received superhuman physical strength from God. Some of his heroic feats included wrestling a lion, slaying an entire army with only a donkey jawbone, and destroying a temple with his bare hands.

When Samson was born, the Israelite tribes nearest the coast had been subjected to the Philistines for some forty years (Judg 13:1). The Philistines were established in much of the tribal territory of Dan and Judah. The two races lived together in the same land, even though they remained enemies with one another.

Nazirite Vow

A Nazirite was a person who took the "vow of a Nazirite to separate himself to the Lord." A man or woman who took the Nazirite vow dedicated him or herself completely to God for a stated period. Sometimes this was for life; other times, a child would be dedicated from birth.

The Nazirite vow was a form of consecration to the service of God. During the period of this vow, the Nazirite was not to cut his hair, touch a dead body, drink any fermented beverage, or consume any product of the grapevine. Requirements and procedures of this vow appear in Numbers 6:1-21.

Samson was dedicated to God as a Nazirite while he was still in his mother's womb (Judg 13:2-7).

He grew up to become the most famous Nazirite in the Bible. Unfortunately, Samson violated all three conditions of the Nazirite vow: he touched the dead body of a lion he killed (Judg 14:8-9); he joined in a feast of mishteh, a "drinking bout," before his wedding (Judg 14:10); and he let his hair be cut (Judg 16:19).

After his death, he was buried in Tel Tzora in Israel, which overlooked the Sorek valley. There resides two large gravestones of Samson and his father Manoah.

Philistines

The Philistines were an enemy to Israel. Nobody knows for sure who the Philistines were or where they came from. They seemed to be the Greeks that fled the collapse of the Mycenaean palaces. The warlike Philistines dominated the Israelites in the time of Samson, occupying the southern coast of Canaan.

One reason for their dominance was their ability to make iron weapons while the Israelites were still using bronze (1 Sam 13:19; 17:7),

BIBLE TEXT

Judges 13:1-16:31

BIBLE TRUTHS

- 1. Samson was to be dedicated as a Nazirite from birth, but he broke his vow to God.
- 2. Samson did not stay close to God, thus, he made bad choices and decisions.

LESSON OBJECTIVES

- 1. To learn to be a true Nazirite, holy and separated from the world.
- 2. To learn the importance of choosing friends wisely.

Memory Verse

"He who walks with wise men will be wise."

(Proverbs 13:20a)

Prayer

In the name of the Lord Jesus Christ, we pray. We thank You, Lord, for protecting us through this past week and guiding us here to worship You. Please help us understand the importance of choosing our friends wisely, so we can be with those who will help us to be more like You. Hallelujah! Amen. a secret they withheld from the Israelites until they were forced by David to surrender it.

Dagon

Dagon, the god of grain and harvest, was the chief god of

Understanding Your Students

Even though the Bible tells us to choose our friends wisely, children at this age may not always befriend the right people, sometimes because of peer pressure or the desire to fit in. In today's lesson, your students will learn the awful consequences Samson suffered because he did not choose his companions wisely.

He opted to associate with the Philistines, who were the major enemy of Israel at that time. He chose one Philistine woman as his wife and fell in love with another. He made a bargain with thirty Philistines, which cost him his first wife. His choice of companions was the cause of his undoing in the end.

Help your students understand the importance of having good friends. The Bible tells us, "Bad company corrupts good character" (1 Cor 15:33b). Our friends influence the values we develop—over time, we begin to think and act like our friends. Some friends may even influence us to lie, cheat, or steal. Sometimes, choosing the wrong friends can lead us into bad situations, as with Samson and Delilah.

Let's remind our students to make wise decisions and keep friends with those who love the Lord. Just as wrong friends can influence us to do wrong, friends who love our Lord Jesus can encourage us to do what is right. Ask your students whether or not they have ever gotten into trouble for following their friends' ideas.

You may also take the opportunity to have your students think about whether or not they have friends who love the Lord and encourage them to do what is right. Although this kind of friend may be hard to find, we can ask God to help us find such a friend. God promises blessings to those who choose their friends wisely (Ps 1:1).

Vocabulary

Nazirite: a person under a special vow to give himself to the Lord and serve God with holiness and a pure heart **feast:** a big and fancy meal enjoyed by a big crowd usually during a celebration

riddle: a puzzle using words with a tricky meaning or an answer that is hard to guess

temple: a special building to worship in

pillars: big poles of wood or stone that hold up a roof

Review

Last week, we learned how the Lord chose another leader to save the Israelites. Does anyone remember whom God chose? (Gideon.) Was Gideon a powerful man? [Allow time for students to answer.] No, he was the weakest in his family, and his clan was the least in the tribe. However, God used him to save the Israelites from the Midianites.

When the time came to fight the Midianites, how many men did Gideon have with him? (Only three hundred.) How many Midianites were there? (So many that they couldn't be counted; they were like a huge swarm of grasshoppers.) But through the power of the Lord, the Israelites were able to defeat their enemy.

After having peace during the time of Gideon, the Israelites again began to sin against God. So, the Lord allowed the Philistines to overpower them for forty years. In today's story, we will be learning about another leader of Israel who God sent to save the Israelites, despite many unwise things he did throughout his life.

worship included human sacrifice. The temples were also the local entertainment centers. Just as people today crowd into theaters, Philistine townspeople crowded into their local temples.

the Philistines. Many temples were built to Dagon, and his

BIBLE STORY

Samson's Birth

There was a man from the tribe of Dan whose name was Manoah. His wife could not bear children. One day, an Angel of the Lord appeared to her and said, "Even though you have not been able to bear children, you are going to have a son. Now make sure that you don't drink wine and that you don't eat anything unclean in the sight of God. Do not shave your son's head because he is to be a Nazirite. He will be set apart and special to God from the time he is born, and he will save Israel from the Philistines."

Students, do you know why it is very special to be a Nazirite? [Wait for students to respond.] When you are a Nazirite, you take a special vow to keep holy, turn away from evil, and serve God with a pure heart.

In time, Manoah's wife gave birth to a son, who she named Samson. He grew up to be mighty and strong. The Lord blessed him and the Spirit of the Lord began to move within him.

Samson Falls In Love with a Philistine Woman

When Samson was a grown man, he was ready to marry and have his own family. At this time, he went down to Timnah and saw a young Philistine woman [refer to a map to show where Timnah is and approximately where Samson lived at that time].

When he came home, he said to his father and mother, "I have seen a Philistine woman in Timnah that I like; now get her for me so I can marry her." His father and mother replied, "Isn't there anyone among our relatives or our own people that you like? Must you choose a Philistine woman to be your wife?" But Samson insisted, "Get her for me. She's the right one for me."

Students, can you tell what sounds wrong in Samson's conversations with his parents? [Wait for response.] The tone of his voice sounds as if he is the boss of his parents. When they tried to talk him out of marrying a Philistine woman, an enemy of the Israelites and a non-believer, what was his reaction? He didn't listen and insisted on having his way.

Samson Kills a Young Lion

Eventually, Samson's parents gave in to his wishes. Together, they went down to Timnah for Samson to meet the Philistine woman and her family. As Samson came near a vineyard, a young lion suddenly came roaring towards him. The Spirit of the Lord came upon Samson mightily and he tore the lion apart, as he would have done to a young goat. He didn't tell his parents what he had done. Then Samson went and talked to the woman, and he really liked her.

Samson's Riddle

Some time later, as Samson went back to marry the

Philistine woman, he purposely turned off the road to look at the dead lion. In it, he saw a swarm of bees and some honey, and he scooped the honey out with his hands. He ate some, and when he saw his parents, also gave them some. But he didn't tell them where he had gotten the honey.

Students, had Samson broken his Nazirite vow by doing that? [Encourage students to answer.] Yes, he had broken his vow by eating honey out of a dead lion's body, which was considered unclean in the sight of God.

When Samson got to the woman's house, he held a great feast there. He was given thirty people to serve him. Samson said to them, "Let me tell you a riddle. If you can give me the answer within seven days, I will give you thirty sets of clothes. If you can't tell me the answer, you must give me thirty sets of clothes." They answered, "Tell us your riddle." He replied,

"Out of the eater, something to eat; out of the strong, something sweet."

The Riddle Is Answered

For three days they could not tell him the answer. On the fourth day, they said to

Samson's wife, "Get your husband to tell you the answer, or else we'll burn you and your family to death. Did you bring us here so you could rob us?"

Then Samson's wife became very upset and cried, "You hate me! You don't really love me! You have given my people a riddle, and you won't tell me the answer." She cried the whole seven days of the feast. Finally, because she kept on asking him, he told her the answer on the seventh day. Then she explained it to her people.

Before sunset on the seventh day, the men of the town came to him and answered the riddle: "What is sweeter than honey? What is stronger than a lion?"

Samson replied, "If you hadn't threatened my wife, you wouldn't have solved my riddle."

Samson Kills Thirty Philistines for Revenge

Then the Spirit of the Lord came upon Samson in power, and he killed thirty Philistines. He took their things and gave their clothes to those who explained the riddle. Samson then went home, burning with anger. But a friend who went to the wedding actually married the Philistine woman instead. What a great loss! Samson ended up losing his wife altogether from telling a silly riddle.

Samson Falls in Love with Delilah

Some time later, Samson fell in love with another Philistine woman whose name was Delilah. The rulers of the Philistines came to her and said, "See if you can get him to tell you the secret of his great strength, so we can overpower him. We will give you a great deal of money."

Delilah Asks Samson for His Secret

So, Delilah asked Samson, "Tell me the secret of your great strength." Samson answered, "If anyone ties me up with seven fresh strips of leather, I will become as weak as any other man." Then she tied him up with the seven fresh strips of leather. With some Philistine men hidden in the room, she cried out to him, "Samson, the Philistines are here to get you!" But Samson snapped the thongs as easily as he would a piece of string. So his secret was not found out.

Then Delilah said to Samson, "You have made a fool of me; you lied to me. Come now, tell me how you can be tied." Samson answered, "If anyone ties me with new ropes that have never been used, I'll become as weak as any other man." So Delilah took new ropes and tied him

with them. Again, with some Philistine men hidden in the room, she cried out to him, "Samson, the Philistines are here to get you!" But Samson snapped the ropes off his arms as he would pieces of string.

Delilah then said to Samson, "You have made a fool of me and have been lying to me until now. Now tell me how you can be tied." Samson answered her, "If you weave the seven braids of my hair tightly into a cloth, I'll become as weak as any man." So while he was sleeping, Delilah took his seven braids of hair and wove them tightly into a cloth. Again she called to him, "Samson! The Philistines are upon you!" He woke up and pulled up the loom with the fabric.

Samson Tells Delilah the Secret

Then Delilah said to him, "How can you say 'I love you,' when you won't tell me your secrets? This is the third time you have made a fool of me and haven't told me the secret of your strength." She nagged him every day until he was tired to death.

Finally, he told her everything. "My head has never been shaved because I am a Nazirite and have been vowed as special to God since I was born. If my head is shaved, my strength will leave me, and I will become as weak as any other man."

The Philistines Capture Samson

When Delilah saw that he had told her the truth, she sent word to the rulers of the Philistines, "Come back one more time; he has told me everything." So the rulers came to her with all of the silver. After Delilah had put him to sleep on her lap, she called a man to shave off the seven braids of his hair, and Samson began to weaken and his strength left him.

Then she called, "Samson, the Philistines are here to get you!" He woke up from his sleep and thought, "I'll go out like before and shake myself free." But he did not know that the Lord had left him. The Philistines captured him and gouged out his eyes. They took him to a place called Gaza and put iron chains around his feet. He was forced to grind grain in the prison.

Samson Kills a Great Number of Philistines

Now, the rulers of the Philistines gathered together at the temple of their god Dagon to offer sacrifices. They said, "Our god has allowed us to defeat Samson our enemy. Bring out Samson to entertain us!" So they called Samson out of the prison to perform for them.

When they brought him to the pillars holding up the temple, he said to the servant who held his hand, "Put me where I can feel the pillars that hold up the temple, so I can lean against them." The whole temple was crowded with men and women, watching Samson perform. Then

Samson prayed to the Lord, "O great Lord, remember me. Please give me strength once more."

Then Samson reached toward the two central pillars that held up the temple. Then, bracing his left hand on one and his right hand on the other, he said, "Let me die with the Philistines!" Then he pushed with all his might, and the temple crumbled down with all the people in it.

Samson killed more people when he died than when he lived. Samson's brothers and his family went down to get him. They brought him back and buried him with his father. Samson had led Israel for twenty years.

[Take out a piece of white construction paper with a whole body figure outlined and a bottle of dark dye or watercolor.]

Students, look at this piece of paper. What do you see? (A person.) This is Samson when he was born. [Write his name on the paper.] So, what color is his clothing? (White.) That's right! What characteristics do you associate with the color white? Angels wear white garments, too. What kind of characteristics do angels have? (Pure, clean, holy, honest, loyal, etc.)

Samson was blessed when he was born; he was especially chosen to be a holy Nazirite to serve the Lord and save His people.

But did Samson keep his Nazirite vow to God as he grew up? (As students answer "no," pour some dye or paint onto Samson's clothes.) Did he make a wise decision when choosing his mate? ("No." Pour more dye on the paper.) What other things did he do throughout his life that disappointed God? [Encourage students to answer as a review of the story. Pour more dye onto the paper for each unwise thing Samson did.]

Look at Samson's clothes now, so messy and dirty. Let's be reminded that each time we make an unwise decision to do something that displeases God, our pure white garment gets stained a bit more. When we choose to be friends with the wrong people, we can be led to do foolish things, just like Samson. If you don't already have a good friend in church to help you love God more every day, let's put this in your prayers and ask God to find a spiritual friend for you!

But in time, his hair began to grow again.

CHECK FOR UNDERSTANDING

- **1. What made Samson very special when he was born?** He was chosen by God to be a Nazirite to serve the Lord.
- **2. What does the Nazirite vow include?** A Nazirite could not drink wine, could not eat anything unclean in the sight of God, and could not cut his hair.
- **3.** Why do you think it was a mistake for Samson to make friends with the Philistines? Bad friends bring forth bad influences upon us.
- **4. What kind of person do you think makes a good friend?** What does God's word say about making friends? Read Ps 1:1 and this week's memory verse.
- 5. Why is it important for us to choose the right friends? What might bad friends influence us to do? What might good friends influence us to do? Answers may vary.
- 6. If you were Samson, what would you have done from the very beginning? Answers may vary.

Memory Verse Practice

Please reinforce the memory verse every week. You can practice the memory verse with your students anytime during class.

"He who walks with wise men will be wise." (Proverbs 13:20a)

Spiritual Teaching & Life Application

From this lesson, we can learn a lot from Samson.

We can see that Samson:

- failed to live out his role as a Nazirite
- failed to walk in the Spirit
- failed to make good use of his time

What can we learn?

1. Be "A True Nazirite"

Let's find out what are the regulations for a Nazirite (Num 6:2-21). A Nazirite was not allowed to:

- i) Eat or drink of the fruit of the vine (Num 6:3-4)
 - Must abstain from wine
 - a. Wine pleasures the body (Judg 9:13)
 - b. Wine will lead us to forget the law and God's teachings (Prov 31:5)
 - c. Wine can lead us to commit sins (Prov 23:30-35)
- ii) Be contaminated by any unclean thing (Num 6:6-7)
 - Cannot touch the dead
 - a. Strive to be holy
 - b. Separate from the world
 - c. As children of God, we need to be holy.

iii) Cut his hair (Num 6:5)

- Cannot cut hair
 - a. Dedication to God (2 Sam 19:24)
 - b. As children of God, we need to be godly and not conform to the pattern of this world.

Samson was to be dedicated as a Nazirite from birth (Judg 13:5), but he broke his vow to God.

- a. On one occasion, during his visit to his prospective wife at Timnah, Samson stopped at the carcass of the lion which he had killed with his bare hands (Judg 14:5-9) and ate honey from it. He failed to keep from being contaminated (Num 6:6).
- b. On Samson's fourth visit to Timnah (Judg 14:10-20), he held a feast, which implies a drinking bout in violation of the first Nazirite requirement.
- c. Samson gave in to Delilah's constant questioning and revealed the secret of his strength. Delilah called a man to cut his hair (Judg 16:19), breaking the last of the vows of a Nazirite.
- 1. Samson drank, touched a dead lion, and eventually had his hair shaved. He broke all the laws of a Nazirite and God's Spirit left him. Samson was dedicated as a Nazirite, but he lived like a Gentile. We have been baptized in living water. We have received the promised Holy Spirit, but our thoughts, conduct, or speech can be like a Gentile's if we don't live a life of victory. A fig tree that bears no fruit will be thrown into the fire (Lk 13:6-9). We need to be careful of how we live.
- 2. Delilah found out the source of his strength on the fourth try. We can see that Samson gave in little by little. Likewise, Lot and his family pitched their tents closer to Sodom and Gomorrah day by day. Solomon's idol worship did not also happen overnight.
- 3. Samson served God in his sin. His servitude wasn't glorifying to God (Num 6:12). Other Biblical examples include Eli's family, Aaron's sons, Samson's eyeball, Ananias and Sapphira, etc.

Conclusion (Judg 16:28-30)

Samson, at the moment of his death, revealed his true power and strength from God after he cried out to Him. This was not because Samson killed many more when he died compared to when he was alive, but because he realized the lessons he needed to learn.

a. ACKNOWLEGE

- i. God departed from him (Judg 16:20)
- ii. Status of a judge deliver God's people from suffering (Judg 13:5, 7)
- iii. Purpose/calling set apart to God from birth
- b. REPENT
 - i. Sins are forgiven but there are consequences to pay. (God is just and fair.)
- c. AWAKEN
 - i. Strong desire to fulfill the purpose of his calling
 - ii. Submit at the cost of giving up his life just to fulfill his duty as a judge

Did you know that God has a purpose for our lives? He chose us and redeemed us not because we are smarter and better than others, but because He wants us to glorify Him. How do we glorify Him? We glorify Him when we live out our lives as genuine true Christians.

We need to recognize that we were bought at a price. We need to live for God and not for ourselves.

We need to realize that God will give us strength after our repentance. God doesn't desire for us to live in sin. He wants us to come to Him for repentance.

2. Samson made bad choices and decisions.

- He didn't stay close to God.
- He failed to ask for godly counsel.
- He compromised.
- He didn't choose godly friends in Christ.

Learning about Samson's life story makes us rethink what kind of friends we want to be with to help us become a Godloving person. As the Bible reminds us, good friends bring a positive influence to our life, while bad friends only lead us into trouble. Let's pause for a minute to think about how we choose our friends. Do we choose our friends because of their good behavior or because of their looks and popularity? What should we look for in our companions or friends? Peer pressure is certainly a very real issue. It isn't only teenagers that must deal with this. Those we choose to surround ourselves with impact us either negatively or positively. So what makes for a good companion? Samson surrounded himself with a bunch of people who were liars. They were people who made promises very quickly and who just as quickly broke them when it became hard to keep the promises. The individuals in this passage did not have integrity. Both the men and Samson's wife made agreements, and both broke them. The men didn't have to agree to the riddle and the bet that went along with it. Samson's wife was dishonest as well. The story turned ugly fast. When the men couldn't figure out the riddle and risked losing the thirty expensive garments, they went straight to Samson's new wife and told her to entice her own husband. They threatened to kill her and her family and burn their house down if she didn't get the answer. She begged and cried until he finally gave in and told her. She, in turn, revealed the answer to Samson's "so-called" friends.

Remember, good friends draw you closer to God. Good friends do not manipulate their friends. They are honest.

Samson brought a bunch of people into his life that did not and would not keep their word. He even chose to be dishonest with his parents. A good friend is the kind of person you can trust. That is the kind of person you want to be your friend. Do your friends meet that qualification? Do they love God enough that they are committed to being honest? What kind of friends have you chosen? Do they encourage you to love God and serve Him or do they make it harder? I f you don't have a godly friend yet, develop friendships with those around you that will strengthen your walk with God. And of course, Jesus Christ is always our best friend!

Let's do an experiment together. Present a geode (a limestone that has a rough surface) and a polished rock or stone to your students. Have them look at these two rocks to see which one looks better on the outside, and ask them which rock might look prettier inside. Then take an old sock and put the polished stone inside of it. Lay it on a sidewalk and tap it with a hammer until it cracks open. Have students look inside the rock to see if it is pretty. Now, take the geode and place it in an old sock and tap it with a hammer until it cracks open. Take it out and compare the two broken stones to see which one is more beautiful inside. Alternately, do a web search to find some pictures of these two types of rocks. Find at least two images of a geode (outer surface and inner crystals), and two images of a polished stone.

Even though a geode has an unassuming surface, it actually contains surprising beauty on the inside. Choosing friends can be the same way. We don't want to choose friends who just look good on the outside, but rather friends who have the beauty of Christ on the inside.

Activities



Tic-Tac-Toe Review

Objective: To review the Bible story by playing tic-tac-toe.

Instructions

- 1. Draw a tic-tac-toe grid on the board.
- 2. Divide the class into two teams.
- 3. Assign one team to be Os and one team to be Xs.
- 4. Have each team of students make up their own questions about Samson's story to be used to quiz the other team. Review the questions to make sure there are no duplicates and that the answers are correct.
- 5. Play rock-paper-scissors to determine who goes first. The winning team answers the first question.
- 6. When a team answers correctly, they place a mark on the grid. If they answer incorrectly, the other team places a mark on the grid.



Samson Puppet Show

Objective: To help students visualize this story by using puppets to retell the story.

• Glue

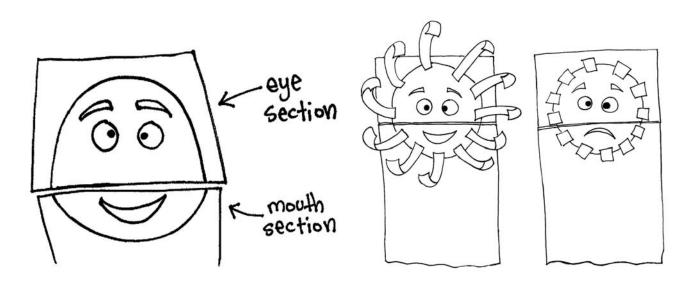
• Pencil (optional)

Materials

- Black or brown tissue paper
- Scissors
- Face patterns

Instructions

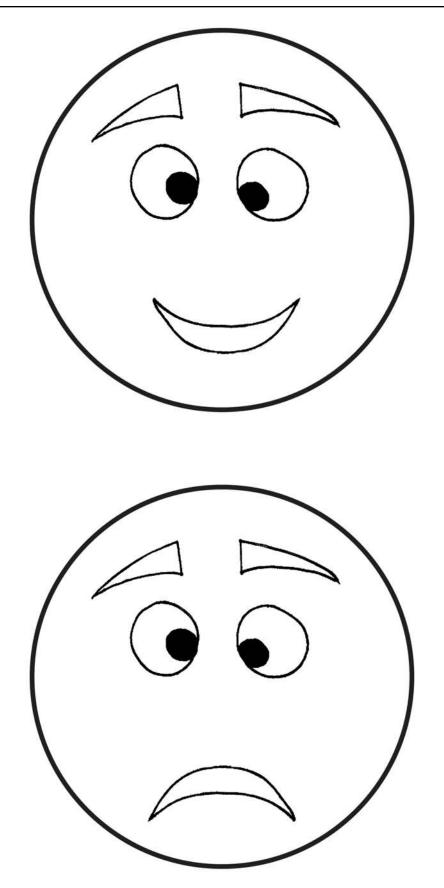
- 1. Distribute the face patterns and have students color and cut them out. Make sure to cut the faces in halves at the dotted lines to separate the eyes from the mouths.
- 2. Glue the happy face on one bag, and the sad face on the other. The eye section goes on the bottom of the bag; the mouth section goes below the flap.
- 3. Cut long strips of tissue paper. If desired, wrap the strips around a pencil to curl them. Glue the strips on the happy face to represent Samson's hair and beard.
- 4. Cut short pieces of tissue paper and glue them on the sad face to show Samson after his hair was cut.
- 5. Use the "hairy" puppet to represent Samson before his hair was cut. Use the "short-haired" puppet to represent Samson after his hair was cut.
- 6. Once the puppets have been created, have the students put on a puppet show to retell the Samson story.



HOMEWORK ANSWER KEY

- 1. "He who walks with wise men will be wise." (Proverbs 13:20a)
- 2. C
- 3. C
- 4. A
- 5. Dan
- 6. True
- 7. A Nazirite vowed never to drink wine, eat anything unclean, or shave/cut his hair. A Nazirite also vowed to dedicate his life to serve God and keep himself holy.
- 8. She wanted the money from the Philistine officials.
- 9. Answers may vary.
- 10. Answers may vary.

- Paper bags, two per student
- Markers



E1 Year 1 Book 4 Lesson 4—Samson Makes Bad Choices

Homework Assignment

Name:	Parent signature:	Date:					
Bible Truths: 1. Samson was to be dedicated as a Nazirite from birth, but he broke his vow to God. 2. Samson did not stay close to God, thus, he made bad choices and decisions.							
Lesson Objective	 s: 1. To learn to be a true Nazirite, holy and separated from the v 2. To learn the importance of choosing friends wisely. 	world.					

Bible Reading: Please put a checkmark in the space when you complete the reading each day. **Prayer:** Please put a checkmark in the space on the days you prayed to God.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Bible Reading							
Prayer							

Memory Verse Please write down this week's memory verse.

(Proverbs 13:20a)

What I Learned from the Bible This Week

Homework Assignment

1. Write down the memory verse for this week.

Multiple Choice

- 2. _____: What was the nationality of the two women Samson fell in love with?
 - a. Israelite b. Philistine c. Egyptian
- 3. _____: Why shouldn't Samson have married someone who wasn't an Israelite? c. All of the above. a. They didn't workship God. b. They didn't have the same faith.
- 4. _____: How did Samson kill all the people in the temple at the end?
 - a. God gave him the power to push the pillars over and the temple collapsed.
 - b. He relied on his own strength to kill them.
 - c. He killed them all with a sword.
- 5. Fill In the Blank: Samson belonged to the tribe of _____.
- 6. True or False: The Philistines offered sacrifices to their god Dagon.

Short Answer

- 7. Samson was a Nazirite. What did a Nazirite vow to do and not to do?
- 8. Why did Delilah keep asking Samson to tell her his secret?
- 9. How do you think Samson felt after being captured by the Philistines?

Life Application

As the memory verse says, "He who walks with wise men will be wise" (Pr 13:20a). God is trying to tell us to choose our friends wisely so that we don't do foolish things as a result of being with bad friends. Do you already have a spiritual friend in church? If yes, write down how this spiritual friend has helped you to do good things every day. If not, write down how you can be a spiritual friend to others.

10.