

# LESSON 6



## THE LAST SUPPER

### BEFORE YOU TEACH

#### Passover Feast

The Passover celebrates God's deliverance of Israel from Egypt. Passover originates from the Hebrew word *Pesah*, meaning "to pass over," and it recounts how God passed over the blood-sprinkled houses of the Israelites during the plague of the firstborn.

In accordance with Mosaic Law, there were specific rituals and restrictions to celebrate the Passover (Ex 12:1-27, 43-49; Dt 16:1-8). Each family had to sacrifice a lamb. If the household was too small, they could share it with other families. The lamb was to be a one-year-old male without blemish. It was to be roasted in fire and eaten with unleavened bread and bitter herbs. Any remaining meat was to be burned. The Israelites ate the Passover quickly in a state of readiness: a belt on their waist, sandals on their feet, and a staff in their hands.

During the Last Supper, Jesus elevated the Passover meal to a higher spiritual level. The sacrificial lamb represented the Lord Jesus and the sacrifice He made to rid us of our sins. He shed His blood to remove our sins and to redeem us from Satan so that we could pass from death into life. During the Passover meal, Jesus took the unleavened bread and grape juice and blessed it to institute the sacrament of Holy Communion. Today, the True Jesus Church observes Holy Communion in accordance with the teachings of the Lord Jesus. We remember Jesus' suffering and death. By partaking of Jesus' body and blood, we can have eternal life and be raised on the last day.

#### Festival of Unleavened Bread

The Passover was followed by a seven-day festival called the Festival of the Unleavened Bread. During the festival, the Israelites removed all leaven from their houses. Anyone found having eaten leaven during the festival was excommunicated from Israelite society.

The Festival of Unleavened Bread commemorated the Israelites' quick escape from Egypt. Because they were in such haste, they did not have time to let their bread rise. Therefore, they were baked without yeast. Over time, the Passover meal and the Festival of Unleavened Bread merged and the entire week came to be called Passover.

### BIBLE TEXT

Exodus 12:1-14; Luke 22:1-2, 7-20  
John 13:21-26; 1 Corinthians 11:23-28

### BIBLE TRUTHS

1. Our Lord Jesus instituted the sacrament of Holy Communion during the last supper.
2. By eating the bread and drinking the juice, we partake of the body and blood of Christ.

### LESSON OBJECTIVES

1. To learn the origin of Holy Communion and educate the students on the importance of remembering the Lord's death.
2. To encourage the students to repay the love of the Lord.

### MEMORY VERSE

"This is My body which is given for you; do this in remembrance of Me."

(Luke 22:19b)

### PRAYER

In the name of the Lord Jesus, we pray. During Holy Communion, we partake of Your body and blood so that in the future we can be together with You in heaven. Lord, we thank You for dying on the cross to save us from our sins. We constantly forget to love You and to follow Your will. Yet, You continue to love us. Help us understand that Your love for us is our greatest treasure. Help us love You more and more in return. May all the glory be given to You, Lord Jesus. Hallelujah! Amen.

## UNDERSTANDING YOUR STUDENTS

The institution of Holy Communion is one of the most important events of Jesus' ministry. Jesus presented Himself as the new Passover lamb to deliver His people from the slavery of sin to freedom as God's children.

If your students do not take Holy Communion regularly, you may need to reinforce the significance of this

sacrament. Emphasize that through Jesus' death, we have hope for salvation. Holy Communion serves to remind us of Jesus' death. Thus, encourage your students to use Holy Communion to remember how much Jesus loved them by dying on the cross for their sins.

### VOCABULARY

**firstborn:** the first child born in the family

**partake:** to have a share in

**resurrect:** to raise from the dead

**unleavened bread:** bread that is made without leaven and flat. (Leaven is added to dough to make the bread rise; in the Bible, leaven represents sin—Lk 12:1; 1 Cor 5:8.)

### REVIEW

Last week, we learned about ten virgins who were waiting for a bridegroom. Five of them were wise and five of them were foolish. What did the wise virgins do to prepare for the coming of the bridegroom? They brought along oil to light their lamps. The ten virgins fell asleep waiting for the bridegroom because they had been waiting for a long time. The bridegroom finally arrived at midnight and the five wise virgins were able to light their lamps because they had prepared the oil. The five foolish virgins did not have oil to light their lamps and had to go buy some. However, by the time they came back, the five wise virgins and the bridegroom had already gone in to the wedding and closed the doors. When the five foolish virgins knocked on the door and asked to go in, what did the bridegroom say? He said that he did not know them.

We learned that this parable told us to be prepared at all times for Jesus' second coming. The bridegroom represented Jesus and the ten virgins represented us. We don't know when Jesus will come, but we want to be like the wise virgins and be prepared at all times with our spiritual oil. We can prepare our spiritual oil, the Holy Spirit, by praying and reading the Bible daily, by going to church as often as we can, and by doing good deeds.

Today's lesson is about a special dinner Jesus had with His disciples. Has your mom ever made you a special dinner? Or have your parents ever taken the family out for dinner at a restaurant for a special occasion? What was the occasion? What sort of things did you eat? [Allow time for students to respond to your questions.] The dinner that Jesus had with His disciples was very special because at that dinner, Jesus told His disciples how much He loved them.

### BIBLE STORY

#### How the Passover Started

Each year in Israel, God's chosen people would celebrate a special holiday called the Passover. The people celebrated this holiday with special food while remembering something that happened ages ago.

Long ago, the Israelites were slaves in Egypt for 430 years. Their lives were filled with suffering and bitterness. They labored from morning until night. They cried out to God to save them. So, God sent Moses to bring His people out of Egypt. Pharaoh, the king of Egypt, was very stubborn and he refused to let the Israelites go. So God sent ten plagues upon Pharaoh and the Egyptians to demonstrate His power and to convince Pharaoh to allow

the Israelites to leave Egypt. Even after nine plagues, Pharaoh refused to free the Israelites. God then told Moses that He was going to bring one more plague upon the Egyptians and after that, Pharaoh would let the people go. God told Moses that He was going to enter each house in Egypt and kill the firstborn. God also told Moses what the Israelites had to do to be protected.

The Israelites were told to prepare a special meal. Each family had to kill a one-year-old male lamb that had no blemishes. They were to take some of the blood of the lamb and sprinkle it at the entrance of the house and put it on the doorposts. Then they were to roast the lamb and eat it together with bitter herbs and unleavened bread.

The Israelites did as Moses had commanded them. Each family killed a lamb and put its blood on the doorpost and ate the lamb with unleavened bread and bitter herbs. This supper came to be called the Passover. That night, when God visited each house, He looked to see if the doorposts had lamb's blood. If the blood was there, He passed over that house, and did not enter to kill the firstborn. However, God entered the houses that did not have lamb's blood on the doorposts and killed the firstborn of the Egyptians.

That night, the land of Egypt was filled with the sound of people wailing and crying. In every house, the oldest child had died. Even Pharaoh's oldest child was killed. When Pharaoh saw how he had lost his child, he told Moses to take the Israelites and get out of Egypt.

Every year, the Israelites eat the Passover to remember how God save the Israelites by bringing them out of Egypt.

### **Peter and John Prepare the Passover**

Now that the Passover had come, Jesus and the disciples were to celebrate the Passover. Jesus told two of His disciples, Peter and John, to go and prepare the meal.

"Where do You want us to go to prepare the meal?" they asked.

Jesus told them that as soon as they entered the city of Jerusalem, they would see a man carrying a jar of water. They were to follow him into a house and say to the owner who lived there, "Show us the guest room where our Teacher and His disciples will eat the Passover meal." The owner would proceed to take them upstairs to a large room that had been prepared for them. They had to prepare the meal there.

Peter and John did as Jesus instructed them. When they came to the city, they saw a man walking toward them carrying a jar of water. They followed him into a house and spoke to the owner there.

"The Teacher says, 'Where is the guest room where I may eat the Passover with My disciples?'"

The owner led the disciples upstairs and showed them to a large upper room that had been set up for the guests. The disciples then roasted the lamb and prepared everything for the Passover.

### **Jesus Institutes Holy Communion**

When evening arrived, Jesus and the rest of His disciples came to the house to eat the Passover dinner. As they sat down together at the table, Jesus told His disciples how He had been really looking forward to eating the Passover meal with them. It would be the very last Passover meal Jesus would have with His disciples on earth before He died.

While they were eating, Jesus took the bread and gave thanks. He broke it, and passed a piece to each one of the twelve, saying, "Take, eat; this is My body which is broken for you; do this in remembrance of Me."

Afterwards, Jesus took the cup of grape juice and gave

thanks. He said to His disciples, "This cup is the new covenant in My blood. This do, as often as you drink it, in remembrance of Me."

### **Jesus Foretells Judas' Betrayal**

During the meal, Jesus became very sorrowful and said, "Most assuredly, I say to you, one of you will betray Me."

All of the disciples looked at each other, wondering who it was that would betray the Lord. One by one, they asked Jesus, "Is it me, Lord?"

Jesus continued by saying, "It is he to whom I shall give a piece of bread when I have dipped it." Jesus then dipped a piece of bread into a dish and gave it to Judas Iscariot. As Jesus gave it to Judas, He said, "What you do, do quickly." Judas knew that this was the opportunity he had been waiting for. Judas then left to find the chief priest and the Pharisees to tell them where they could capture Jesus.

As soon as Judas had gone out, Jesus knew that very soon He would be handed over to the enemies. Jesus knew that the disciples would be scared and frightened when they saw Jesus, their Master, being taken away from them, so He began to speak many comforting words to them. Jesus also gave them a new commandment. Even though Jesus could not be with them, He wanted them to always remember how Jesus loved them and how He offered up His body to die on the cross and shed His blood for their sins. Jesus wanted the disciples to love others in the same way that He loved them.

### **Remembering Jesus' Death**

Boys and girls, now that we have learned about the origin of Holy Communion, we can remember this the next time we partake of Holy Communion. Holy Communion was instituted in remembrance of Jesus' death, and we should always remember that when we are eating His body, the unleavened bread, and drinking His blood, the grape juice. Jesus died on the cross for our sins to save us, and He wants us to love others the way He loved us.

### CHECK FOR UNDERSTANDING

#### Fill In the Blank

1. Jesus told \_\_\_\_\_ (Peter) and \_\_\_\_\_ (John) to get the Passover meal ready.
2. When we partake of Holy Communion, we are eating the \_\_\_\_\_ (body) and drinking the \_\_\_\_\_ (blood) of Jesus Christ.
3. During the Passover, the people ate roast \_\_\_\_\_ (lamb), unleavened \_\_\_\_\_ (bread), and bitter \_\_\_\_\_ (herbs).
4. We partake of Holy Communion to remember \_\_\_\_\_ (Jesus' death).

#### True or False

5. The Israelites celebrate the Passover to remember the time when God saved them and brought them out of Egypt. True.
6. In order to protect their firstborns from being killed, the Israelites had to sprinkle lamb's blood on the ceiling. False; they had to sprinkle it at the entrance and put it on the doorposts.
7. During Holy Communion, we eat regular bread and drink apple juice. False; we eat unleavened bread and drink grape juice.

### MEMORY VERSE PRACTICE

Please reinforce the memory verse every week.  
You can practice the memory verse with your students anytime during class.

**"This is My body which is given for you; do this in remembrance of Me." (Luke 22:19b)**

### HOMEWORK ANSWER KEY

1. Passover
2. Peter, John
3. body, blood
4. Judas
5. unleavened bread, grape juice
6. C
7. C
8. A
9. B
10. Answers may vary.

### SPIRITUAL TEACHING WORKSHEET ANSWER KEY

1. a. unleavened bread  
b. grape juice
2. a. breaks the bread into pieces  
b. pours the grape juice into cups
3. unleavened bread = Jesus' body; His body was broken, bruised and nailed to the cross for our sake.  
grape juice = Jesus' blood; His blood was shed for our sins.

## SPIRITUAL TEACHING & LIFE APPLICATION

### The Sacrament of the Holy Communion

**Instructions:** Write in the answers to the questions on the blanks below the pictures.

#### 1. What things are used in the Holy Communion?



a. \_\_\_\_\_



b. \_\_\_\_\_

#### 2. After prayer, what does the minister do?



a. \_\_\_\_\_



b. \_\_\_\_\_

#### 3. What do these represent?

unleavened bread = \_\_\_\_\_

grape juice = \_\_\_\_\_

#### Why is it important to partake of the Holy Communion?

##### a. So we will have the life of Jesus inside us. (Jn 6:53)



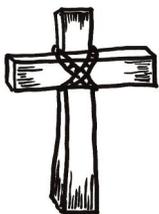
Jesus dedicated His whole life to preach the good news—there is salvation for us! Jesus is the bread of life and only through Him can we receive everlasting life. He said, “Most assuredly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in you.” By partaking of Holy Communion, we will have part in the salvation plan that Jesus has prepared for us.

##### b. So we can rise up and be with Jesus in future. (Jn 6:54)

“Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day.” When Jesus comes again to this world, He will raise up those who has received His life inside them. In other words, only those who have received Christ and obeyed His word, including His command to partake of His flesh and His blood, will be able to enter the kingdom of God.



##### c. So we will remember Jesus' death and His love for us. (1 Cor 11:24-26)



Did you know that Jesus had commanded His disciples to remember His death? During the last supper, after Jesus had given thanks to God, He broke the bread and said, “Take, eat; this is My body which is broken for you; do this in remembrance of Me.” Since Jesus is God Himself, He is everlasting! So, He has no date of birth nor date of death. However, God came to this world as a Man, as the Lord Jesus, and died for us on the cross. He demonstrated the greatest love for us. He didn't have to suffer the pain that He went through, but He chose to do so for us because He knows that without His sacrifice, we would not be able to have everlasting life with Him. Jesus' death serves as a reminder for us that He loves us and that He is the only way for us to reach God in heaven.

## More Love to Thee

God shows us in many ways that He loves us. Let's think of some of those ways. [Have each student share an example.] Some examples are:

- God knows who we are, and He cares about each of us.
  - God gives us a family to love us and take care of us.
  - One of the greatest ways God showed His love for us was by sending His Son the Lord Jesus to die for our sins.
- Let's read a verse from the Bible.

[Have students read John 3:16 together aloud.]

*"For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life."*

### 1. We can love God back.

Did you know that God wants us to love Him back? In fact, the greatest of all the commandments is for us to love God! Let's turn to a Bible verse and read it aloud together:

[Have students read Deuteronomy 6:5.]

*"You shall love the LORD your God with all your heart, with all your soul, and with all your strength."*

This commandment was also taught by Jesus in the New Testament, showing that this IS and will remain the greatest commandment for all generations to come! Let's read Matthew 22:37: "Jesus said to him, 'You shall love the LORD your God with all your heart, with all your soul, and with all your mind.'"

When we love someone, we don't want to see them sad or upset. Have you ever done something that upset your parents? How did you feel when you saw them upset? [Let students answer.]

It certainly doesn't feel good to see our parents unhappy because we love them, and we don't want them to feel hurt! In the same way, if we love God, our heavenly Father, we don't want Him to feel disappointed. We want to obey Him and do everything He says to please Him. This is why loving God is the greatest commandment—our love for God will enable us to follow all commandments.

### 2. How can we show that we love God?

**a. Tell God that we love Him.** How can we tell God that we love Him? [Let students share their answers.] Since we communicate with God through prayer, we can always tell Him that we love Him when we pray. God knows our hearts, and we can simply express our love for Him by praising Him, saying "hallelujah" and thanking Him for all the blessings He has showered upon us. On the other hand, we can also show that we love God by singing hymns. There are many beautiful hymns in our hymn book that we can sing to reflect upon the love we have for God in return for the love He has for us. Let me share an example with you!

[Lead your students to sing verses 1 and 2 of "More Love to Thee" together.]

*More love to Thee, O Christ! More love to Thee;  
Hear Thou the prayer I make on bended knee;  
This is my earnest plea, more love, O Christ to Thee,  
More love to Thee! More love to Thee!*

*Once earthly joy I craved, sought peace and rest;  
Now Thee alone I seek, give what is best;*

*This all my prayer shall be, more love, O Christ to  
Thee,  
More love to Thee! More love to Thee!*

How did you feel when you sang this hymn? Does it encourage you to show your love to God more? [Let students answer.] We can pray and sing hymns to praise and show our love to God anytime, aloud or silently in our hearts. God is listening whenever we direct our thoughts to Him!

**b. Do what God tells us.** Just as we obey our parents because we love them, we will obey God's commandments if we love Him. We will do everything He tells us to do because we love Him as our heavenly Father. Through our determination to follow His ways, God sees our love for Him. The Bible says, "We love Him because He first loved us" (1 Jn 4:19). We can make God smile by acting upon His words!

Chelsea and Rachel were best friends in elementary school. A few weeks before Chelsea turned nine, they were both very excited about her birthday party.

Rachel even helped Chelsea pick the clothes she should wear and come up with different games to play with their friends that day. However, it turned out that a week before the birthday party, Chelsea's parents changed the date for Chelsea's party to a Saturday, the day before Chelsea's actual birthday. To Chelsea, it was good news because her parents had planned to take her to the movie theater to watch a 3D movie on her birthday. However, to Rachel it was a bad news... She knew immediately that she was going to miss Chelsea's birthday party because she had to go to church that day! Rachel didn't know what to do... In her mind, she knew that going to church was more important than going to Chelsea's birthday party, but she didn't know how to explain that to Chelsea! On one hand, Rachel was afraid to disappoint her best friend. On the other hand, she didn't want to disappoint God either!

That night, Rachel thought for a long time. Rachel loved God and wanted to put God first in her life. As much as she wanted to attend Chelsea's party, Rachel decided that she would keep the Sabbath instead. She made a firm decision that she was going to explain the situation to Chelsea and tell her that she would not be able to attend her birthday party. In her prayer before bed, Rachel prayed that Chelsea would understand her situation and that her absence at Chelsea's birthday party would not affect their friendship.

The next day, Rachel told Chelsea that she would not be able to attend her birthday party. Surprisingly, Chelsea was not upset at all! Instead, this is what she said to Rachel: "As soon as my parents told me my birthday party would be on a Saturday this year, I already knew that you wouldn't be able to make it because you have gone to church every Saturday ever since I first met you! I already asked my parents if you could join us at the movie theater on my birthday, and they said you would be very welcome! Would you like to join me on my birthday even though you can't make it to my birthday party?" Rachel burst with joy and was excited to go to the 3D movie with Chelsea!

well and not hate each other. He wants us to love each other just as He loves every one of us. How can we do that? Let me share a testimony with you:

Jordan and his family had just moved to the city where Marcus lives. Last Saturday, it was Jordan's first time attending Sabbath service at a new church. He seemed very quiet and shy, staying close to his parents the whole time. The only time that Jordan was not with his parents was during R.E. class... At one point, the R.E. teacher wanted all the students to group themselves into pairs for an activity. As usual, all the students paired up with their best friend, which left Jordan alone by himself! When Marcus saw that no one was paired with Jordan, he immediately suggested to his partner that they should form a three-person group with Jordan. That day, Jordan had a great time with Marcus and the rest of the R.E. class. Jordan was very thankful that Marcus took the initiative to make friends with him because he didn't know what to expect from the new church. Having friends definitely made adjusting to life in a new place easier. Thanks to the love that Marcus and the other R.E. students had shown to Jordan, Jordan now loves his new life in the new city!

- c. Show love to others. We learned just now that the greatest commandment of all is to love God. Now, do you know what the second greatest commandment is? [Pause for students to think.] Let's turn back to the verse we read earlier in the lesson, Matthew 22:37. This time, we'll continue reading to verse 39. "Jesus said to him, 'You shall love the LORD your God with all your heart, with all your soul, and with all your mind.' This is the first and great commandment. And the second is like it: 'You shall love your neighbor as yourself.'" Since God loves every one of us, He wants us to get along

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## ACTIVITY

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### Jesus Loves You and I Do, Too!

**Objective:** To remind students of Jesus' love.

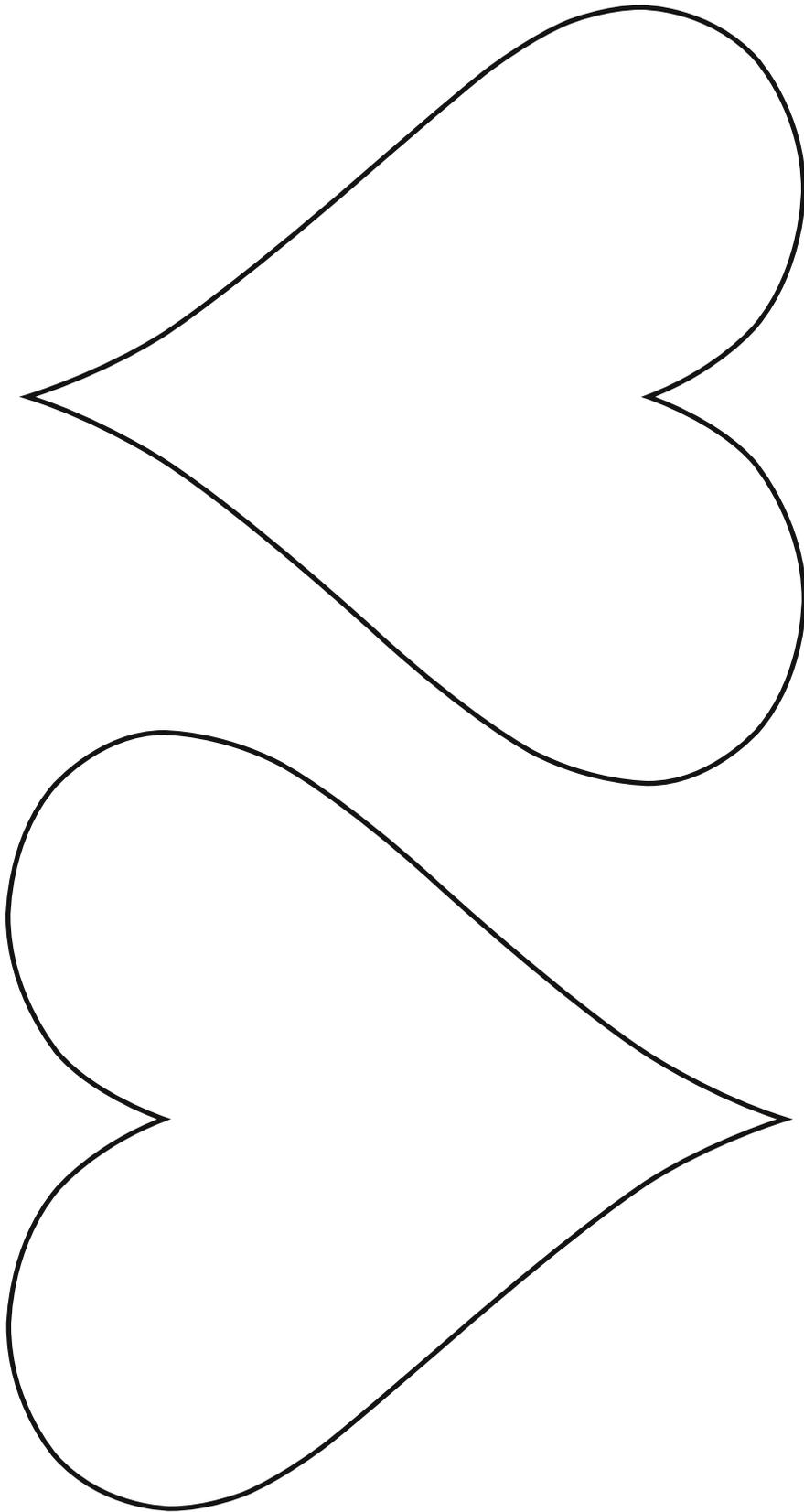
#### Materials

- Heart printout, one per student
- Tape
- Elmer's glue
- Scissors
- Pipe cleaners
- Glitter, stickers, beads, and other things for decorating
- Colored pencils, markers
- Small clay or tin flowerpots
- Small chunks of floral foam
- Shredded tissue paper

In this activity, the students will be making crafts for their secret friends.

#### Instructions

1. Write down the names of all your students and place them in a bag.
2. Have each student pick a name and keep it a secret.
3. Cut out and decorate the two hearts.
4. Write "Jesus Loves You" on one heart. Write "And I Do Too" on the other heart.
5. Using the tape, attach the pipe cleaner to the back of one of the hearts. The pipe cleaner should extend 4 inches beyond the bottom of the heart. Then glue the back of that heart to the back of the other heart.
6. Cut out a piece of floral foam such that it fits into the little flowerpot. Fill the pot with shredded tissue paper to hide the foam and fill any spaces.
7. Place the hearts into the pots by inserting the pipe cleaner into the floral foam. The pipe cleaners should extend one to two inches above the foam.
8. At the end of class, have each student present their heart pots to their secret friend.



E1 Year 3 Book 2 Lesson 6—The Last Supper

# Homework Assignment

Name: \_\_\_\_\_ Parent signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Bible Truths:** 1. Our Lord Jesus instituted the sacrament of the Holy Communion during the last supper.  
 2. By eating the bread and drinking the juice, we partake of the body and blood of Christ.

**Lesson Objectives:** 1. To learn the origin of the Holy Communion and educate the students on the importance of remembering the Lord's death.  
 2. To encourage the students to repay the love of the Lord.

**Bible Reading:** Please put a check mark in the space when you complete the reading each day.

**Prayer:** Please put a check mark in the space on the days you prayed to God.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Bible Reading							
Prayer							

## Memory Verse

Please write down this week's memory verse.

(Luke 22:19b)

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## What I Learned from the Bible This Week

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

# Homework Assignment

*Understanding What You Have Learned*

## Fill In the Blank

Peter	blood	Judas	Passover	unleavened bread	body	John	grape juice
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1. Jesus and His disciples ate the \_\_\_\_\_ meal.
2. Jesus told \_\_\_\_\_ and \_\_\_\_\_ to get the Passover meal ready.
3. When we partake of Holy Communion, we are eating the \_\_\_\_\_ and drinking the \_\_\_\_\_ of Jesus Christ.
4. The disciple who betrayed the Lord was \_\_\_\_\_.
5. During the Holy Communion we use \_\_\_\_\_ and \_\_\_\_\_.

## Multiple Choice

6. \_\_\_\_\_ : The Israelites celebrate \_\_\_\_\_ to remember the time when God saved them and brought them out of Egypt.
  - a. Festival of Unleavened Bread
  - b. The Last Supper
  - c. The Passover
7. \_\_\_\_\_ : In order to protect their firstborn from being killed, the Israelites had to \_\_\_\_\_.
  - a. Place lamb's blood on the ceiling.
  - b. Place lamb's blood on their bodies.
  - c. Place lamb's blood on the doorposts.
8. \_\_\_\_\_ : During the Passover, the people ate \_\_\_\_\_.
  - a. Roast lamb, unleavened bread, and bitter herbs
  - b. Roast chicken, bread, and sweet vegetables
  - c. Roast lamb, unleavened bread, and sweet vegetables
9. \_\_\_\_\_ : We partake of Holy Communion to remember \_\_\_\_\_.
  - a. The Lord's birthday
  - b. The Lord's death
  - c. The creation of the world

## Life Application: Remembering His Love

10. What can you do to show that you remember Jesus' love for you?

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