

LESSON 10

JESUS' PRAYER IN THE GARDEN OF GETHSEMANE

Worksheets

- Bible Discovery Worksheet: Jesus' Prayer in the Garden of Gethsemane
- Life Application Worksheet, Pages 1 and 2: Case Study: Turn to God, or Rely on Yourself?
- Homework

Jesus' Prayer in the Garden of Gethsemane

Read Matthew 26:37-38.

Jesus took Peter, James, and John to the garden of Gethsemane.

Why was Jesus sorrowful and distressed? _____

Read verse 39. Jesus prayed to God to take away "this cup" from Him. What is the "cup" referring to?

The cup referred to the _____ that He was about to _____.

Read verses 40-45. After Jesus woke them up, what did He say?

"Could you not watch with Me one hour? _____ and _____, lest you enter into _____. The spirit indeed is _____, but the flesh is _____."

Read Luke 22:43-44.

Here, Jesus prayed so earnestly that His _____ became great drops of _____ falling down to the ground.

Then an _____ appeared to Him from heaven, _____ Him.

The Garden of Gethsemane

Instructions: Find the words below in the word search.

- | | | |
|-----------------|--------|------------|
| AGONY | ANGEL | BETRAY |
| BLOOD | CUP | DISCIPLES |
| EAR | FATHER | HEALED |
| JESUS | JUDAS | KISS |
| KNELT | WILL | TEMPTATION |
| MOUNT OF OLIVES | PRAY | SLEEPING |
| SWEAT | WORD | YOURS |

S	K	I	S	S	Q	S	A	D	U	J	D	N	U	W
L	J	E	B	J	U	W	I	L	L	W	B	Z	L	T
E	S	R	I	D	I	Y	A	R	T	E	B	F	D	A
E	X	S	E	L	P	I	C	S	I	D	P	F	E	E
P	E	Z	P	R	A	Y	X	T	S	U	I	R	L	W
I	V	A	R	I	S	D	Y	P	C	O	C	Y	A	S
N	B	S	R	U	O	Y	F	A	L	E	X	N	E	K
G	K	I	T	J	G	W	Y	N	O	G	A	D	H	I
E	S	E	V	I	L	O	F	O	T	N	U	O	M	S
V	L	J	U	J	T	L	E	N	K	Z	R	O	P	Z
A	D	O	O	L	B	T	C	E	R	R	E	S	E	S
R	L	E	D	N	G	C	G	R	F	B	H	V	E	W
T	E	M	P	T	A	T	I	O	N	N	T	T	A	O
L	B	Y	S	M	L	E	G	N	A	V	A	O	W	R
W	S	L	O	S	U	S	E	J	W	L	F	E	T	D

Case Study: Turn to God, or Rely on Yourself?

Alana is a 6th grade student in school. She has always achieved good grades in class and is well liked by everyone. One day, she was working on her big science project. It was a difficult project and it took Alana an entire month to compile all the data. As the project was due in 2 days, Alana was anxious to get it completed. After working on it for hours, she took a break and went out of her room. As she returned, she realized that she had accidentally knocked a glass of water over her laptop, causing the laptop to completely stop working. She could no longer access any of her work.

What would you do if you were Alana?

Later, Alana's brother told her that he did the same project two years ago and that she could just copy it. Alana was not sure about this idea, so she turned to you for advice.

What advice would you give Alana?

Testimony

Below is a testimony from a sister in Australia. She learned from her mother that through prayer, God will give us strength to face difficulties in life and that His grace always surpasses our understanding!

Every time my mother sees me playing the piano, she always reminds me of how I am so blessed that I still have my hearing today.

When I was a 6-month-old baby, my intestines were infected by bacteria called pseudomonas, which was a very aggressive type of bacteria that had taken the life of many young children back in the 1970s. My father, who was a pediatrician, had treated children with this type of infection in the hospital before. After he realized that his own daughter was suffering from the same infection, he told my mother to prepare herself for the worst; it was very unlikely that a six-month-old baby would be able to survive this type of infection. Even if she did survive, due to the side effects of the antibiotics used, she would most likely become deaf.

My mother was very upset when she heard the news, and it was also very difficult for her to watch her little baby having intravenous drips and needles injected into her little arms and legs every day, but my parents kept on praying for me. My mother also called her parents and the church to intercede for me. My mother had to look after my older brother and me by herself during the day, and my father had to go to work in the morning and come home to a sick baby. They took turns to stay by my side at all times, as they were scared that my condition could worsen at any time and that my life would slip away. My mother later recounted that she could not remember how they managed to survive those sleepless nights, or how my brother—who was only 4 years old then—was so understanding. He never cried or complained, and once even ate plain rice from the rice cooker when he was hungry, because he didn't want to disturb our parents! My mother knew that it was God who helped them through this time of trial, and that despite my illness, God protected and preserved the family. It was through the prayers of many brothers and sisters that our family was able to walk through this difficult time. My mother told me she knew that her only hope was in God, and that only God could help her little baby.

God is truly a God who listens to prayers. A month passed and my condition gradually got better. At this time, my mother started to worry about my hearing. She thanked God that I had survived the infection, but she prepared herself to raise a deaf daughter. She would often call out to me from behind to see if I would respond. It wasn't until I started to learn to speak that she realized that my hearing was still intact!

As I grew up, my mother always reminded me that my life and my hearing was a special gift given by God, and that I should not forget to use my life to serve Him. I really thank God for giving me the opportunity to grow up healthy. I also really thank my parents for raising me up in the Lord, and I hope I can remember the grace of God all the days of my life. May the glory and praise be unto Him forever. Amen.

Try to imagine the many emotions this sister's parents must have felt at the time. What kinds of prayers do you think they made? What would you do if you were going through something like this? Many times in our lives, we will encounter challenges that seem too big to overcome, or encounter situations where we feel upset or alone. It is in these times that we should learn to rely even more on God. If we place our burdens before Him, God will always listen to our prayers and give us the strength to face challenges that come our way.

There are also times when we feel like our prayers aren't being heard, and we subsequently complain to God. But we should first examine ourselves:

- **How earnest was my prayer to God?**
- **How persistent was my prayer?**

In the Bible, it teaches us that we should pray without ceasing (1 Th 5:17). To pray without ceasing means to pray constantly. Additionally, Ephesians 6:18 warns us to "stay alert and be persistent in your prayers."

What does it mean to be persistent in our prayers?

To be persistent in prayer means to pray over and over again. Being persistent really helps us to focus our attention. When we pray for a prayer request repeatedly, we are not praying to remind God. He doesn't need to be reminded. It's to remind ourselves who's the source of our answers and the source of our needs. Persistent prayer keeps us **focused** on God!

What is the benefit of persistent prayer?

Imagine that every time you prayed, you instantly got results. If that happened, each time you prayed, you would only think about the blessing. God wants us to think about the One who gives blessings, who is God Himself. God wants us to focus on Him. Therefore, sometimes, He holds back the answer to force us to focus on Him because He is the source of all our needs.

Since God is the source of all our needs, we should be asking Him to help us with our needs, not looking to other people to meet our needs. We look to our families and our friends to make us feel good. Meanwhile, God is saying, "Why aren't you looking to Me?"

Never give up in prayer!

E2 Year 1 Book 1 Lesson 10—Jesus' Prayer in the Garden of Gethsemane

Homework Assignment

Name: _____ Parent signature: _____ Date: _____

Bible Reading: Please put a checkmark in the space when you complete the reading each day.

Prayer: Please put a checkmark in the space on the days you prayed to God.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Read							
Pray							

What I Learned from the Bible This Week

1. _____

2. _____

Memory Verse

Please write down this week's memory verse. **(Psalm 28:7a)**

1. Jesus prayed very earnestly in the garden of Gethsemane. What was the content of His prayer?

2. What are two things that you have learned from Jesus' prayer?

Fill In the Blanks: Luke 22:42-46

3. " 'Father, if it is Your will, take this ____ away from Me; nevertheless not ____ will, but _____, be done.' "
4. "Then an _____ appeared to Him from heaven, strengthening Him. "
5. "...His sweat became like great drops of _____ falling to the ground. "
6. "When He rose up from prayer, and had come to His disciples, He found them _____ from sorrow. "
7. "Then He said to them, 'Why do you sleep? Rise and pray, lest you enter into _____.' "