

# LESSON 2

## DAVID HAS THE COURAGE TO FIGHT GOLIATH

### OBJECTIVES

1. To learn how we can gain courage and be victorious.
2. To choose to fight as David did in difficult situations.
3. To identify what kind of giants we face in our lives and to learn how to combat them.

### MEMORY VERSE

"I can do all things through Christ who strengthens me."

(Philippians 4:13)

### PRAYER

1. We thank God for watching over and keeping us safe this past week
2. Today, we are going to learn about how David's faith gave him the courage to fight Goliath, the giant. May God grant us the same courage to overcome the difficult situations we may encounter in life.
3. Lord, please open our hearts so that we may understand Your word and apply it to our daily lives.



### Overview

1. **The Invincible Challenge: Goliath the Giant** (vv. 1-11)
2. **David Sent to the Camp** (vv. 12-30)
3. **David Commits to Fight Goliath Before Saul** (vv. 31-39)
4. **Face to Face with Goliath** (vv. 40-47)
5. **Goliath Is Killed** (vv. 48-58)
6. **Linking to the Ten Basic Beliefs**—One True God
7. **Life Application**—I Can Do All Things; Real-Life Giant
8. **Activity**—"Our Big Giant" Poster; Israel Times: An Interview



### Background Knowledge for Teachers

"When Saul and all Israel heard these words of the Philistine, they were dismayed and greatly afraid" (1 Sam 17:11). Not one man in all Israel was brave enough to undertake the challenge to fight Goliath, not even Saul—the king of Israel who had fought against all his enemies from every side (1 Sam 14:47-48) and the tallest man in Israel (1 Sam 9:2). In contrast, David was a young boy—the youngest in the family and a shepherd who had never been trained to fight in battles (1 Sam 16:11). Nevertheless, while the whole army of Israel was paralyzed because of Goliath's threat, David was the only one to step up and fight the battle for the Lord. God knew that David had a different heart than Saul (1 Sam 16:7) and He had anointed David as king long before others recognized him as a heroic figure. The spirit of God came upon David the day he was anointed and empowered him to become a "mighty man of valor" and a "man of war" (1 Sam 16:18) who triumphed over the seemingly invincible Goliath.



## Reaching Out to Your Students

We all tend to think from our own perspectives. When facing difficult situations, it is easy for us to place our focus on what seems impossible because of our lack of abilities. Our students, too, are the same, especially if they have had little experience with God. We need to guide our students to think from God's perspective. In today's story, David did not look at Goliath the way everyone else did; he did not see a violent giant, ready to kill someone and feed the animals with the dead. Instead, David saw a man who was just as vulnerable as any other in God's perspective. Looking at it from that perspective was not easy; it took David courage to believe that God would fight for and with him in the battle against Goliath. Therefore, we should remind students that even though everything is possible with God, we first have to believe in Him, and then we can do all things through Christ who strengthens us.



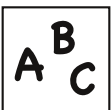
## Opener

5 Minutes

Before we begin our lesson, I'd like you all to think about one thing you did in the past that required courage from you. For example, it could be your first time riding a bicycle, performing in front of many people, or your first time giving a speech! When you are ready to share, put both of your hands on the table so that I know you are ready.

[Give students a minute to think, and then ask them to share with the rest of the class. After their sharing, point out that the things that require courage are usually difficult, frightening, or challenging. For example, it takes courage to learn how to ride a bicycle because we may fall and hurt or embarrass ourselves on our first attempt.]

In our story today, it required A LOT of courage for David to fight Goliath. A giant, Goliath frightened everyone else in Israel, but not David. Let's read the story together and find out why David had this special courage that no one else had!



## Vocabulary

**cubit and span:** measurement units used in the past to measure a person's height; a cubit is about 18 inches and a span is about 9 inches

**coat of mail:** part of an armor made of overlapping plates like the scales of a fish

**uncircumcised:** a word used by David to describe Goliath, who showed great disrespect and contempt for his God



## Bible Discovery & Spiritual Teaching

30-35 Minutes

### FOR TEACHERS

Before class begins, prepare a mask to represent Goliath and put it on the wall 9 feet and 9 inches above the floor to give students an idea of how tall Goliath is. Attach a string to the back of the mask to allow the mask to be pulled off the wall easily. Pass out the two Bible Discovery worksheets, and let students fill out the answers as you progress through the lesson. Pick several volunteers to be "David," "Goliath," "Saul," "Jesse," and "Eliab" (David's oldest brother). They will be acting as you progress through the lesson. Separate the remaining students into two groups, the "Israelites" and the "Philistines," and have the groups sit across from each other on opposite ends of the classroom. If possible, prepare some props to make the lesson more interesting (e.g., armor costume, sword, sling, bag with stones inside, crown, etc.).

Today, all of you are going to be part of the story! So make sure that you stay with me and follow the Bible passage. [Have students turn to 1 Samuel 17.]

On the left here, we have the "Israelites" who are encamping in the Valley of Elah. On the right side are the "Philistines," who are in Ephes Dammim. Here the story begins. With only a valley separating them, these two armies were ready to battle. They were both waiting for the other to make the first move.

And a champion went out from the camp of the Philistines. Who was it? [Let students answer, and have student "Goliath" step out from the "Philistines."] It was

Goliath! According to the Bible, Goliath was about 9 feet, 9 inches tall [point to the mask you put on the wall]. Not only was he tall, but he was also very strong. The coat of his armor alone weighed about 120 pounds; it was made of plates that overlapped one another like the scales of a fish. But there was more. He was also wearing bronze armor on his legs and on his shoulders. He also had a weapon! He had a spear with an iron head, and the head itself weighed about 18 pounds. So all together, the armor he wore to the battlefield probably weighed as much as a few of you combined! What does that tell you about the physical ability of Goliath? [Let students answer.] He was very strong and well-trained as a soldier. Not only this, Goliath was also a very insulting and arrogant person. Let's see why.

Goliath stood and cried out to the armies of Israel. [Have "Goliath" read verses 8 to 10. Encourage the student to speak and act as if he were Goliath.] *"Why have you come out to line up for battle? Am I not a Philistine, and you the servants of Saul? Choose a man for yourselves, and let him come down to me. If he is able to fight with me and kill me, then we will be your servants. But if I prevail against him and kill him, then you shall be our servants and serve us. I defy the armies of Israel this day; give me a man, that we may fight together."* How disrespectful! He was filled with pride, and he despised the people of Israel. He compared himself with Saul; he thought that since he was much more of a hero than Saul, the king of Israel, he deserved more than a king. Therefore, with overflowing confidence, he requested a man from Israel to fight with him. He was so self-assured that he said if David lost, David and the Israelites would have to serve him and the Philistines, but if David won, the Philistines would serve the Israelites.

**FOR TEACHERS**

Give students some time to write down the characteristics of Goliath on Bible Discovery Worksheet #2.

After Saul and the Israelites heard what Goliath had said, they were all very discouraged and afraid. What do you think they were scared about? [Ask the "Israelites" to share what they think.] They probably thought that they were going to lose the battle! They certainly didn't want to become the servants of the Philistines. So, Goliath did this for forty days; he came near to the Israelites and presented himself proudly every morning and evening. It must have been a dreadful experience. Nobody in all of Israel was willing to go out and fight with Goliath. Day after day, the only thing they could do was to wait for the worst to happen.

One day, David's father Jesse asked him to do something for him. [Have "Jesse" read verse 17 to 18, starting from

*"Take now..."*] *"Take now for your brothers an ephah of this dried grain and these ten loaves, and run to your brothers at the camp. And carry these ten cheeses to the captain of their thousand, and see how your brothers fare, and bring back news of them."* Jesse had eight sons in total; his three oldest sons, Eliab, Abinadab, and Shammah were sent to the battle with the Philistines. Jesse had asked David to bring his older brothers food and ask about the battle. Have you ever been asked by your parents to do something for your older siblings? [Let students answer.] Here we can see that David was just a little boy compared to his brothers. While his brothers were fighting for the nation, he stayed at home and occasionally brought food to his brothers.

But David had no complaint about that. He was an obedient child who did what his father had told him to do. Moreover, he was also a very responsible child. At that time, David also took care of the sheep for his family. He was a little boy shepherd who took good care of the sheep by keeping them together, feeding them, and protecting them from the attacks of other animals. Before David went to the battle camp, he left his sheep with a keeper.

**FOR TEACHERS**

Give students some time to write down the characteristics of David on Bible Discovery Worksheet #2.

So, David went to the camp as the army was going out to the fight and shouting for the battle. The two armies had drawn up in battle array against one another. It was getting more and more intense! David left the food with the supply keeper and ran to greet his brothers. There, his brothers and other soldiers were talking about Goliath, the champion from the Philistine army who had been threatening Israel with the same words day and night. Do you remember what Goliath had said to them? [Let students answer. He looked down on Israel and asked for a man from Israel to fight with him. The losers would serve the winners.] In their conversations, David found out that all of the men in the Israelite army were dreadfully afraid of Goliath.

David, being a faithful child of God, was saddened by these words. [Have "David" read verse 26.] *"What shall be done for the man who kills this Philistine and takes away the reproach from Israel? For who is this uncircumcised Philistine, that he should defy the armies of the living God?"* David was angered by Goliath because of his disrespect and contempt towards Israel. David knew that the Israelites were the chosen people of God. Goliath was not only defying Israel but also the living God they worshipped.

When Eliab heard what David said to these men, he

became angry. [Have "Eliab" read verse 28.] *"Why did you come down here? And with whom have you left those few sheep in the wilderness? I know your pride and the insolence of your heart, for you have come down to see the battle."* Why did you think that Eliab got angry with David all of a sudden? Why did he think that David had planned to come down to see the battle? [Let students answer.] Eliab thought that David only came to watch the battle, and that he had irresponsibly left his sheep behind. But Eliab was wrong about David. First, David had left the sheep with a keeper. Second, David did not come to the camp to see the battle but to do what his father had instructed. What did his father want him to do? [Let students answer.] Yes, David had been asked to bring food for his brothers. David knew clearly that he had done nothing wrong. He turned from his brother and went to find out more about Goliath.

Saul received a report about what David had said at the camp. He asked for David to go see him. And when David met the Saul, he bravely committed to fight Goliath. Let's hear what David said. [Ask "David" to read verse 32.] *"Let no man's heart fail because of him; your servant will go and fight with this Philistine."* David knew that everyone's faith was failing because they felt that the battle with Goliath was impossible to win. They were so discouraged that they overlooked the power of God. They were fixated on the fact that none of their people had the physical strength to kill Goliath. They never thought about how God felt about Goliath defying His name and His people. But David was different from everyone else; he was the only person in all of Israel who dared to kill Goliath for the disgrace he brought upon Israel. David was offended to hear that Goliath defied the living God and His people. With his love for God and the people of Israel came David's courage. He wanted to fight Goliath for the glory of God, and he knew for sure that God would give him the wisdom and strength needed for victory.

[Ask "David" to stand next to the Goliath mask on the wall.] Now, look how small David was compared to Goliath! Even Saul, the tallest man in Israel and an experienced warrior, was not brave enough to fight against this giant. David had no experience at all, and he was the youngest in the family! How do you think Saul felt when he heard that David had volunteered to fight Goliath? [Let students answer.] He probably thought David didn't know what he was talking about because he was so young. Let's hear how Saul responded to David. [Have "Saul" read verse 33.] *"You are not able to go against this Philistine to fight with him; for you are a youth, and he a man of war from his youth."* Saul immediately concluded that David was not capable to go against Goliath because he was simply too young! Goliath had been fighting in wars since his youth, and now he was champion of the Philistines. He was extremely strong and aggressive.

Students, do you think David gave up because of what Saul said to him? [Let students answer.] Of course not! He tried to convince the king with further evidence that he was capable. [Have "David" read verses 34-37.] *"Your servant used to keep his father's sheep, and when a lion or a bear came and took a lamb out of the flock, I went out after it and struck it, and delivered the lamb from its mouth; and when it arose against me, I caught it by its beard, and struck and killed it. Your servant has killed both lion and bear; and this uncircumcised Philistine will be like one of them, seeing he has defied the armies of the living God. The LORD, who delivered me from the paw of the lion and from the paw of the bear, He will deliver me from the hand of this Philistine."* David was not easily deterred. He knew that his enemy was Goliath; he was so focused on fighting this giant for God that nothing could stop him from going to battle. So David came prepared to convince the king that he was capable of fighting Goliath. What did he say?

#### FOR TEACHERS

Guide students through Part II on Bible Discovery Worksheet #1.

As you can see, where did David's courage come from? Was it from his own pride like Goliath, who assured himself a victory? [Let students answer.] No! His courage came from his love for God, which stirred inside him upon hearing Goliath's scorn for Israel. His courage came from his faith, which gave him no doubt that God was bigger than Goliath! In other words, His courage came from God. Do you think David was convincing enough to make Saul change his mind and let David go to the battle? Why don't we ask "Saul" to tell us? [Have him read verse 37, starting from "Go..."] *"Go, and the LORD be with you!"* Finally, someone from Israel was going to challenge Goliath! Saul then clothed David with his armor and put a bronze helmet on his head. David fastened his sword to his armor and tried to walk, but then something happened. What do you think happened? [Let students answer.] David was relatively small compared to the other trained soldiers. He could not walk with the armor on because it was too heavy! But without armor, it'd be dangerous to go to battle! Here, David had a good reason to give up. But did he? No, because the courage from God is much more than this. Having courage from God means to believe not in your own ability but in God's almighty power. David didn't believe that he could fight Goliath by himself. He believed that God would be there to fight with him and for him.

David took off the armor, chose for himself five smooth stones from the brook, and put them in his shepherd's bag. He then approached Goliath with a sling in his hand, ready to fight him. When Goliath saw someone from Israel drawing closer, he also drew closer. [Have "Goliath" and

and “David” walk towards each other.] Another Philistine bearing a shield also went before Goliath. Now when Goliath saw David, what do you think he thought about David? [Let students answer.] Since Goliath had so much pride, he probably despised Israel even more upon seeing David. He was probably thinking, “Does not Israel have anyone better than this ruddy and good-looking young boy?” He disdained David. [Have “Goliath” read verse 43.] *“Am I a dog, that you come to me with sticks?”* He also cursed David by his gods—the idols that the Philistines worshipped. [Ask “Goliath” to continue reading.] *“Come to me, and I will give your flesh to the birds of the air and the beasts of the field!”* Goliath had no respect for David! He looked down on him, cursed him, and basically indicated that he would win the battle. Poor David. Up to this point, all he had received was discouragement. But David’s focus remained unchanged. He was fighting for God’s honor, and he knew that God’s power was with him. He proclaimed in front of all those present that the purpose for him to fight was for God’s honor. [Have “David” read verse 45-47.] *“You come to me with a sword, with a spear, and with a javelin. But I come to you in the name of the LORD of hosts, the God of the armies of Israel, whom you have defied. This day the LORD will deliver you into my hand, and I will strike you and take your head from you. And this day I will give the carcasses of the camp of the Philistines to the birds of the air and the wild beasts of the earth, that all the earth may know that there is a God in Israel. Then all this assembly shall know that the LORD does not save with sword and spear; for the battle is the LORD’s, and He will give you into our*

*hands.”* What powerful words! His words brought hope to the Israelites. They were reminded of the living God who had delivered them over and over again in the past. Did God ever fail them? No!

As soon as David had finished speaking, Goliath arose and drew near to meet him. David, in turn, also hurried and ran toward the army to meet Goliath. David then grabbed a stone from his bag, slung it, and struck Goliath in the forehead. [Throw a wadded up piece of paper at the “Goliath” mask on the wall, pull the string connected to the mask, and let it fall.] The stone sank into Goliath’s forehead, and he fell on his face to the ground. Then David ran to Goliath, drew his sword, and cut off his head with it. When the Philistines saw that their champion was dead, they fled! The army of Israel chased after the Philistines and killed many enemies along the way.

In the end, how easily and quickly was this invincible challenge for Israel solved with just a sling and a stone! Israel prevailed because of David, a young boy with little physical strength but great courage—courage that no one else in Israel had when facing a difficult situation like Goliath. And it didn’t take more than that! During battle, David had only his sling and shepherd’s bag with five smooth stones. He needed nothing more than what he already had as a shepherd boy! Armor seemed useful at the time, but ultimately, it was simply not needed. David’s most useful asset was his courage—the courage to believe that God would be there to be guide and protect him. He believed that he could do all things through Christ who strengthened him!

#### BIBLE DISCOVERY WORKSHEET #1 ANSWER KEY

##### **Part I. General Questions**

1. valley
2. champion; Goliath; bronze helmet; coat of mail; bronze armor; bronze javelin; weaver’s beam; iron
3. Jesse; eight; Eliab; Abinadab; Shammah; youngest; sheep
4. forty; dismayed; greatly afraid
5. dried grain; loaves; cheeses; news
6. defy; kills; riches; daughter
7. reproach; uncircumcised; defy; living God
8. Eliab; sheep; pride; insolence; battle

##### *True or False*

1. False
2. False
3. False
4. False
5. True

##### **Part II. David Is Committed to Kill Goliath**

The blanks are underlined in the Bible Discovery section. Below are extra notes for the students to consider.

1. David wanted to prove to the king that he was a strong and courageous man. He risked his own life to save the lamb because he was responsible for it. Likewise, as a faithful servant of God, David felt responsible for fighting Goliath because Goliath had denied the living God.
2. David used the word “uncircumcised” to describe Goliath because he was an enemy to God. Contrarily, David was a warrior for the living God, and he knew that the victory would always be on God’s side.
3. David once again confirmed that this was a battle for the living God, and he felt extremely confident that God would Himself protect and defend him.

BIBLE DISCOVERY WORKSHEET #2 ANSWER KEY**Goliath's Profile**

**Characteristics:** Arrogant; disrespectful; contemptuous; proud; pagan; overconfident

**Reasons to be confident:** He had won many fights for the Philistines before; he was very strong and tall; he believed he was better than Saul, the king of Israel; he despised and looked down on others.

**Armor:** Bronze helmet; coat of mail; bronze armor on his legs; bronze javelin between his shoulders; spear; shield-bearer

**David's Profile**

**Characteristics:** Obedient; responsible; faithful; courageous; determined; confident

**Reasons to be confident:** He believed that he was fighting for God's honor; he had courage from God; he knew that God was more powerful than Goliath; he knew that God Himself would be his protection and defense in the battle.

**Armor:** No body armor, but armed with five smooth stones and a sling; God



## Linking to the Ten Basic Beliefs

2-5 Minutes

**One True God**

True Jesus Church believes that there is only one true God. He is living and all-powerful. He is the one that gave David the courage to kill Goliath without any proper armor, weapons, or skills. Like us, the Israelites worshipped this one true God. On the contrary, the Philistines worshipped false gods. These "gods" were merely idols that had no life or power in them. When the Philistines lost their champion, they were vulnerable and their "gods" were not able to save them. The one true God indeed has the power to work miracles; we need first to believe in His power so that we may obtain the same courage David had when facing Goliath.



## Check for Understanding

5 Minutes

- 1. Why did David go to the camp to see his brothers?** Because David's father asked him to bring food to the camp and to bring back news from his brothers.
- 2. Why was the whole army of Israel dismayed and greatly afraid?** Because Goliath was a giant. He was so frightening that no one was brave enough to fight against him.
- 3. To David, what was wrong about what Goliath had said to Israel?** Goliath dishonored God by defying the army of Israel.
- 4. At first, why didn't Saul think that David was capable of fighting Goliath?** Because David was very young, and he did not have fighting experience like Goliath did.
- 5. Why was David the only person who had the courage to fight Goliath?** Because David was faithful to God and remembered that the living God was all-powerful. His faith in the living God gave him courage.

HOMEWORK ANSWER KEY

1. champion; Philistine; fight; servants
2. Saul; lions; bears
3. A
4. None of them had the courage to fight Goliath. They thought they would surely die.
5. He was telling people not to let Goliath cause them to lose their faith in God. David was worried that if Goliath, who dishonored God, and His armies won the battle, the Israelites might lose their faith in God.
6. David's courage is based on his belief that God will Himself fight the battle with him and for him, deliver him from the Philistine, and help him prevail. He believed that, with God, all things are possible.
7. Answers may vary.



## Life Application

10 Minutes

### 1. I Can Do All Things

[Hand out Life Application Worksheet #1. Go over the introduction and ask students to fill in the blanks on the worksheet. Answers are in bold.]

Today's memory verse reads, "I can do all things through Christ who strengthens me" (Philippians 4:13). Indeed, all things are possible with God, which is why we can say that we can do all things with the strength from Christ. But, many people misunderstand the meaning of this verse and think that we can ask for anything from God because God will give us the strength to accomplish anything we ask for! Why is this wrong? [Let students share what they think.] God will never give us the strength to do something that contradicts His teachings. In today's story, God gave David the courage to kill Goliath not for praise, but for God's name to be glorified through David's victory. God only gives us the strength to do those that He delights in seeing us do.

Now we understand the meaning of this verse and know that there is nothing impossible for God to do. But do we also know how we can obtain strength from God when we face giants in our lives? Let's find out!

A. *"Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ's sake. For when I am weak, then I am strong." (2 Corinthians 12:10)*

Before we even get down on our knees to pray for strength, we need first to understand that we need strength from God because we don't have enough, or any at all! We must first **humble** ourselves and acknowledge that God is much **bigger** than any giants we may face in our lives and that He can make us **strong** enough for anything that He loves for us to do.

B. *"Pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you. (1 Thessalonians 5:17-18)*

Once we understand to whom we are reaching out, we need to **pray**. We should not ask only for God to give us strength but also to give us **faith** to believe that He can and will work miracles through us. In our prayers, we also need to give **thanks** because, as much as God wants to help us, He doesn't want us to take Him for granted. God never gives us more than we can bear, so pray with **confidence** that God knows His will for you beyond this giant!

C. *"And the LORD, He is the One who goes before you. He will be with you, He will not leave you nor forsake you; do not fear nor be dismayed." (Deuteronomy 31:8)*

Sometimes we get **discouraged** very easily because God doesn't seem to be answering our prayers. But God has His timing and He wants us to have **patience** and **hope**. God promised never to **forsake** us. When He seems hidden, that's just because He's already ahead of you, making sure that you are on the right path to victory!

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### 2. Real-Life Giant

[Use Life Application Worksheet #2. The goal for this activity is to help students understand the importance of courage by identifying the "giants" in their actual lives.]

Today, we learned about a very special quality David had, which he used to fight Goliath and bring Israel victory. What was it? [Let students answer.] Yes, it was his courage! You may think that God gave David this very special quality because God had already chosen David to be king over Israel when he grew up. You may also be thinking that this quality is only necessary for people who are extraordinary workers of the Lord, like our church elders, pastors, and deacons. However, that is not true at all! In fact, every Christian needs courage—the courage from our faith to overcome the "giants" in our lives. You may ask then, "Where are the 'giants' in our lives?" Let's read an example and see if we can identify what giants we may be facing today!

Margaret is quiet and shy. She doesn't talk much, doesn't like to speak in front of large groups, and absolutely doesn't enjoy talking to strangers. Today, Margaret found out that there is an E2 Gospel Tea fellowship next Saturday. Margaret's RE teacher encouraged the E2 students to bring their friends to church for this evangelical event. Margaret has always wanted to bring a few of her friends to church, but has never done so because she is worried that they will ask her questions about God and she is too shy to answer them.

### Questions

**What is Margaret's "giant"?** The "giant" in today's story was Goliath, a challenge that the Israelite army could not face.

*Reference answer:* Margaret is shy, so she doesn't know how to preach God to others!

**If Margaret wants to be a victorious Christian, what does she need to obtain?** The Israelite army was afraid and took little action to change the situation when faced with the seemingly invincible Goliath. They were expecting failure. However, David chose to stand up for his people and change the situation. In the end, he proved himself victorious because he had obtained a quality that no other man in Israel had.

*Reference Answer:* Margaret needs COURAGE! She needs the courage to speak confidently about her beliefs.

**What is the best way for Margaret to obtain this quality?** In the case of David, people may think that he could have gained more courage by choosing to keep his protective armor on. However, David simply went to the battle with his sling and shepherd's bag with five stones because, inside his heart, he had faith that he needed nothing more than God. God has the power to work miracles through anyone, even one as unskilled in battle as him.

*Reference Answer:* While Margaret can spend a lot of time to practice speaking eloquently, the best way for Margaret to obtain the proper courage to preach is to pray. God promised to give us the Holy Spirit, who is not only a Counselor, but also a great Helper when we do work for God's honor.

*Reference Verse:* "For it is not you who speak, but the Spirit of the Father who speaks in you." (Matthew 10:20)

When God first asked Moses to be the leader of the Israelites, he didn't think he was capable. He knew that he was not an eloquent person. However, God told him that He Himself would be with his mouth and teach him what he would have say (Ex 4:10-12). If Margaret can put her full trust in God, God will certainly give her not just the courage to speak, but also the ability to convince and preach the truth of God.

### Conclusion

What we see a task too difficult in front of us, we should not just give up and walk away. We must tackle this task as a baby trying to get rid of a pillow blocking his way when he is learning to crawl. The pillow is a big obstacle because it's just as big as the baby himself. The baby doesn't have any physical strength to move it. So, what can he do? He looks over to his dad. He knows that his dad is strong enough to take away the pillow for him very easily. He has no doubts because his dad has always been taking good care of him, helping him when he needs and doing all the difficult tasks around the house! As Christians, we also need this simple and pure faith in our heavenly Father. He has always been watching over us, helping us when we need and working miracles around us! Just as God helped David fight Goliath, God will also help us fight the giants in our lives if we have faith that everything is possible with Him.

Courage comes from faith; it doesn't come from taking pride in our own abilities but from believing in God's power to make us capable to do what He wants us to do. Do you know what God wants you to do for Him? Is there something that the Bible has taught you to do but you haven't obtained the courage to do it? What challenges have you turned away from that you can go back and face with COURAGE?





## Activity

### 1. "Our Big Giant" Poster / 2. Israel Times: An Interview

10-15 Minutes

#### 1. "Our Big Giant" Poster

##### Materials

- Blank poster
- Goliath mask (used during class)
- Glue/tape
- Markers
- Small pieces of paper ("courage notes")
- Pencils/colored pencils

##### Preparations

Before class, prepare a blank poster and, at the top, write "Our Big Giant". At the bottom, write down today's memory verse. Post it on the wall so that students can put their "courage notes" on it.

##### Instructions

Every one of us faces giants in our lives. They are difficult challenges that prevent our faith from growing. Goliath made the entire nation of Israel feel so dismayed that none of them had the faith to reach out to God for courage. Today, our giants could be anything that draws us away from God. Do you know which "giants" are keeping you far away from God? Is it video games that have taken away the time you could have spent to pray? Is it the TV or Internet? Is it a bad habit you have? [Pass out "courage notes."]

Think about what the giants in your life may be. Write each of them down on a "courage note." After you've finished writing, come out and put them on "Our Big Giant" poster. This poster is the Goliath we face today as a whole class [put the Goliath mask you pulled down from the wall onto the poster]. In our final prayer today, we will ask God to give every one of us the courage to fight this Big Giant together. We will pray for one another so that we can be determined to combat the giants in our lives instead of ignoring them. If we have faith that God will strengthen us with the courage to face these giants, we will certainly see changes in our relationship with God. Our goal is to get rid of this Big Giant at the end of this quarter, meaning that each of us will have made the changes necessary to become closer to God. At that time, we will take the Goliath mask off this poster together and be a victorious class!

[Assist individual students with writing their courage notes if needed. Give them ideas and encourage them to think realistically about what they can do to combat their giants. After all of the students have put up their courage notes, you may go through them one by one and discuss with the students further how these giants may affect their relationship with God.]

\*\*\*\*\*

#### 2. Israel Times: An Interview with David

##### Materials

- Index cards
- Activity worksheet
- Basket or container

##### Preparations

1. Print out a copy of the interview for each of the students.
2. Write each of the answers for the numbered blanks on an index card. Fold them up and place them in a basket. The answers are provided on page 29.

##### Instructions

1. Divide the students evenly into two teams.
2. Give each team a copy of the interview.
3. Starting with a member from one team, have each team alternate to come up and choose a word from the basket.
4. The student that comes up must look at the interview and tell you which numbered blank it fits.
5. If the student is correct, both teams can fill in the blank, the card is discarded, and the team gets a point. If the student is incorrect, the other team has a chance to steal the point. If no team gets it, the teacher tells them the answer, discards the card, and no points are awarded.

## DAVID HAS THE COURAGE TO FIGHT GOLIATH

*Instructions: Follow the lesson closely and fill in the blanks and true and false.*

### Part I - General Questions

1. The Philistines stood on a mountain on one side, and Israel stood on a mountain on the other side, with a \_\_\_\_\_ between them.
2. And a \_\_\_\_\_ went out from the camp of the Philistines, named \_\_\_\_\_, from Gath, whose height was six cubits and a span (about 9 feet, 9 inches). He had a \_\_\_\_\_ on his head, and he was armed with a \_\_\_\_\_, and the weight of the coat was five thousand shekels of bronze (about 120 pounds). And he had bronze armor on his legs and a \_\_\_\_\_ between his shoulders. Now the staff of his spear was like a weaver's beam, and his \_\_\_\_\_ spearhead weighed six hundred shekels (about 18 pounds).
3. \_\_\_\_\_ is David's father. He has \_\_\_\_\_ sons, and his oldest three sons followed Saul to the battle. Their names are \_\_\_\_\_, Abinadab, and \_\_\_\_\_. David is the \_\_\_\_\_ son, who stayed at home to take care of his father's \_\_\_\_\_ during the battle.
4. Goliath drew near and presented himself \_\_\_\_\_ days, morning and evening. All of Israel, including the king were \_\_\_\_\_ and greatly \_\_\_\_\_.
5. David's father said to David, "Take now for your brothers an ephah of this dried \_\_\_\_\_ and these ten \_\_\_\_\_, and run to your brothers at the camp. And carry these ten \_\_\_\_\_ to the captain of their thousand, and see how your brothers fare, and bring back \_\_\_\_\_ of them."
6. The men of Israel said, "Have you seen this man who has come up? Surely he has come up to \_\_\_\_\_ Israel; and it shall be that the man who \_\_\_\_\_ him the king will enrich with great \_\_\_\_\_, will give him his daughter, and give his father's house exemption from taxes in Israel."
7. Then David spoke to the men who stood by him, saying, "What shall be done for the man who kills this Philistine and takes away the reproach from Israel? For who is this \_\_\_\_\_ Philistine, that he should \_\_\_\_\_ the armies of the \_\_\_\_\_?"
8. Now \_\_\_\_\_, David's oldest brother, heard when he spoke to the men; and his anger was aroused against David, and he said, "Why did you come down here? And with whom have you left those few \_\_\_\_\_ in the wilderness? I know your \_\_\_\_\_ and the insolence of your heart, for you have come down to see the \_\_\_\_\_."

### True or False

1. \_\_\_\_\_ Saul did not hesitate at all when David first volunteered to fight Goliath.
2. \_\_\_\_\_ David volunteered to kill Goliath because he wanted his brother to be jealous.
3. \_\_\_\_\_ David did not wear armor because no one offered him any.
4. \_\_\_\_\_ David put only one stone in his shepherd's bag.
5. \_\_\_\_\_ David only used one stone to kill Goliath.

### Part II - David Is Committed to Kill Goliath

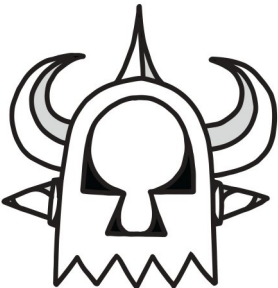
1. "Your servant used to \_\_\_\_\_ his father's \_\_\_\_\_, and when a \_\_\_\_\_ or a \_\_\_\_\_ came and took a lamb out of the flock, I went out after it and \_\_\_\_\_ it, and \_\_\_\_\_ the lamb from its mouth; and when it \_\_\_\_\_ against me, I caught it by its \_\_\_\_\_, and struck and \_\_\_\_\_ it."
2. "Your servant has killed both \_\_\_\_\_ and \_\_\_\_\_; and this \_\_\_\_\_ Philistine will be like one of them, seeing he has \_\_\_\_\_ the armies of the \_\_\_\_\_."
3. "The Lord, who \_\_\_\_\_ me from the paw of the \_\_\_\_\_ and from the paw of the \_\_\_\_\_, He will \_\_\_\_\_ me from the \_\_\_\_\_ of this \_\_\_\_\_."



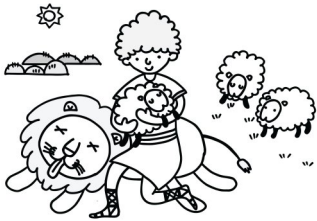
**DAVID AND GOLIATH'S FACTSHEET**

*Instructions: Complete the tables below based on what you have learned in the lesson.*

**Goliath's Profile**

Characteristics	Armor	Reasons to Be Confident
		

**David's Profile**

Characteristics	Armor	Reasons to Be Confident
		

## I CAN DO ALL THINGS

*Do you know how we can obtain strength from God when we face giants in our lives? Let's find out!*

A. *"Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ's sake. For when I am weak, then I am strong." (2 Corinthians 12:10)*

Before we even get down on our knees to pray for strength, we need first to understand that we need strength from God because we don't have enough, or any at all! We must first h\_\_\_\_\_ ourselves and acknowledge that God is much b\_\_\_\_\_ than any giants we may face in our lives and that He can make us s\_\_\_\_\_ enough for anything that He loves for us to do.

B. *"Pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you. (1 Thessalonians 5:17-18)*

Once we understand to whom we are reaching out, we need to p\_\_\_\_\_. We should not ask only for God to give us strength but also to give us f\_\_\_\_\_ to believe that He can and will work miracles through us. In our prayers, we also need to give t\_\_\_\_\_ because, as much as God wants to help us, He doesn't want us to take Him for granted. God never gives us more than we can bear, so pray with c\_\_\_\_\_ that God knows His will for you beyond this giant!

C. *"And the LORD, He is the One who goes before you. He will be with you, He will not leave you nor forsake you; do not fear nor be dismayed." (Deuteronomy 31:8)*

Sometimes we get d\_\_\_\_\_ very easily because God doesn't seem to be answering our prayers. But God has His timing and He wants us to have p\_\_\_\_\_ and h\_\_\_\_\_. God promised never to f\_\_\_\_\_ us. When He seems hidden, that's just because He's already ahead of you, making sure that you are on the right path to victory!

I can do all things  
through Christ who  
strengthens me!



## REAL-LIFE GIANT

Margaret is quiet and shy. She doesn't talk much, doesn't like to speak in front of large groups, and absolutely doesn't enjoy talking to strangers. Today, Margaret found out that there is an E2 Gospel Tea fellowship next Saturday. Margaret's RE teacher encouraged the E2 students to bring their friends to church for this evangelical event. Margaret has always wanted to bring a few of her friends to church, but has never done so because she is worried that they will ask her questions about God and she is too shy to answer them.

### Questions

1. What is Margaret's "giant"?



2. If Margaret wants to be a victorious Christian, what does she need to obtain?

3. What is the best way for Margaret to obtain this quality?

### Reference Verse

*"For it is not you who speak, but the Spirit of the Father who speaks in you." (Matthew 10:20)*

**Courage comes from faith; it doesn't come from taking pride in our own abilities but from believing in God's power to make us capable to do what He wants us to do.**

**Do you know what God wants you to do for Him?**

**Is there something that the Bible has taught you to do  
but you haven't obtained the courage to do it?**

**What challenges have you turned away from that you can go back and face with COURAGE?**

## ISRAEL TIMES: AN INTERVIEW WITH DAVID

Finally, the giant is killed! Last month, our armies found the Philistines encamping on the mountain in (1) \_\_\_\_\_ on the other side of the Valley of Elah. And a (2) \_\_\_\_\_ went out, named (3) \_\_\_\_\_ from Gath, whose height was six cubits and a span (about 9 feet, 9 inches). He had a (4) \_\_\_\_\_ on his head, and he was armed with a (5) \_\_\_\_\_. The weight of the coat was five thousand shekels of bronze (about 120 pounds). And he had (6) \_\_\_\_\_ on his legs and a (7) \_\_\_\_\_ between his shoulders. The staff of his spear was like a (8) \_\_\_\_\_, and his (9) \_\_\_\_\_ spearhead weighed six hundred shekels (about 18 pounds). This giant drew near and presented himself (10) \_\_\_\_\_ days, morning and evening. All of Israel, including the king were (11) \_\_\_\_\_ and greatly (12) \_\_\_\_\_. While all felt threatened and disgraced, David, our hero, boldly volunteered to fight Goliath before the king despite his young age and inexperience. Not only so, he proved his confidence in execution by killing Goliath with just a (13) \_\_\_\_\_ and one (14) \_\_\_\_\_.



What a courageous man David is to face the giant! Here is an interview with David.

**Q: What is your background? What do you do for a living?**

A: I came from an ordinary family. My father, (15) \_\_\_\_\_ has (16) \_\_\_\_\_ sons. I am the (17) \_\_\_\_\_, and I help my father take care of his (18) \_\_\_\_\_.

**Q: So you weren't in the battle! How did you hear about Goliath?**

A: My father said to me, "Take now for your brothers an ephah of this dried (19) \_\_\_\_\_ and these ten (20) \_\_\_\_\_, and run to your brothers at the camp. And carry these ten (21) \_\_\_\_\_ to the captain of their thousand, and see how your brothers fare, and bring back (22) \_\_\_\_\_ of them." So I went and heard the men of Israel say, "Have you seen this man who has come up? Surely he has come up to (23) \_\_\_\_\_ Israel; and it shall be that the man who (24) \_\_\_\_\_ him the king will enrich with great (25) \_\_\_\_\_, will give him his (26) \_\_\_\_\_. and give his father's house exemption from taxes in Israel." I knew then that the giant was an invincible challenge for Israel.

**Q: Everyone was talking about Goliath, but no one was brave enough to fight against him. What made you want to fight against him?**

A: Goliath did not only bring (27) \_\_\_\_\_ to all Israel but he also (28) \_\_\_\_\_ the (29) \_\_\_\_\_ God, whose chosen people we are. I knew very well that I wasn't able to fight Goliath on my own, but as I said to the king, we should not let the words of this (30) \_\_\_\_\_ Philistine fail the heart of any of us, the Israelites. Instead, I saw Goliath as a chance to (31) \_\_\_\_\_ the name of God. I went into battle for this reason, and I was confident that God would be there, fighting for and with me. May all the glory be unto God who gave me (32) \_\_\_\_\_ to fight Goliath!

**Q: Wow, it all makes sense now! Many people were wondering why you had so much confidence since you are so young and you had never been to any battles before this one. In fact, how did you even convince the king to let you fight Goliath?**

A: Well, I gave the king three reasons. Firstly, I told him that I used to (33) \_\_\_\_\_ my father's (34) \_\_\_\_\_, and when a (35) \_\_\_\_\_ or a (36) \_\_\_\_\_ came and took a lamb out of the flock, I went out after it and (37) \_\_\_\_\_ it, and (38) \_\_\_\_\_ the lamb from its mouth; and when it arose against me, I caught it by its (39) \_\_\_\_\_, and struck and (40) \_\_\_\_\_ it. I wanted him to know that I am a brave and responsible man. I was responsible for my father's sheep, so am I responsible for God's armies. I told the king that I have killed both (41) \_\_\_\_\_ and (42) \_\_\_\_\_; and this (43) \_\_\_\_\_ Philistine will be like one of them, seeing he has (44) \_\_\_\_\_ the armies of the living God. Lastly, I affirmed once again that it was God whom I was fighting alongside. I said that the Lord, who delivered me from the paw of the lion and from the paw of the bear, will (45) \_\_\_\_\_ me from the (46) \_\_\_\_\_ of this Philistine.

**ISRAEL TIMES: AN INTERVIEW WITH DAVID (ANSWERS)****Introduction**

1. Ephes Dammim
2. giant
3. Goliath
4. bronze helmet
5. coat of mail
6. bronze armor
7. bronze javelin
8. weaver's beam
9. iron
10. forty
11. dismayed
12. afraid
13. sling

**Question 2**

19. grain
20. loaves
21. cheeses
22. news
23. defy
24. kills
25. riches
26. daughter

**Question 4**

33. keep
34. sheep
35. lion
36. bear
37. struck
38. delivered
39. beard
40. killed
41. lion
42. bear
43. uncircumcised
44. defied
45. deliver
46. hand

**Question 1**

14. stone
15. Jesse
16. eight
17. youngest
18. sheep

**Question 3**

27. disgrace
28. dishonored
29. living
30. uncircumcised
31. glorify
32. courage

## E2 Year 2 Book 4 Lesson 2—David Has the Courage to Fight Goliath

# Homework Assignment

Name: \_\_\_\_\_ Parent signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Weekly Bible Reading:** \_\_\_\_\_

**Bible Reading:** Check each box when you complete that day's reading.

**Prayer:** Check each box after you pray to God that day.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Read	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pray	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### What I Learned from the Bible This Week

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_

### Memory Verse

Please write down this week's memory verse. **(Philippians 4:13)**

\_\_\_\_\_

#### Fill In the Blank

1. Goliath is a \_\_\_\_\_ among the \_\_\_\_\_ army. He demanded a man from the armies of Israel to \_\_\_\_\_ with him and said that if he prevailed and killed this man, the armies of Israel will become \_\_\_\_\_ of the Philistines.
2. David volunteered before \_\_\_\_\_, the king, to fight Goliath. He proved himself capable by saying he had killed \_\_\_\_\_ and \_\_\_\_\_ before and that God will deliver him from Goliath the way He had delivered him from these animals.

#### Multiple Choice

3. \_\_\_\_\_ : David told Goliath that he wanted all the earth to know that \_\_\_\_\_.
  - a. There's a God in Israel
  - b. There's a great king in Israel
  - c. He's going to be the next king in Israel

#### Short Answer

4. Why were the king and all of Israel dismayed and greatly afraid after listening to Goliath's words?
5. What did David mean when he said, "Let no man's heart fail because of [Goliath]"?
6. What belief is David's courage based on?
7. List 2 things that we can ask God to help give us the courage to do.