

LESSON 6

A DISCOURAGED DAVID ASKS GOD FOR HELP

Worksheets

- Bible Discovery Worksheet: A Discouraged David Asks God for Help
- Life Application Worksheet #1, Pages 1 and 2: The Wrong Way vs. Right Way
- Life Application Worksheet #2: Finding Strength in Trials
- Homework

A DISCOURAGED DAVID ASKS GOD FOR HELP

Instructions: For the following questions, imagine that you are one of David's men.

1. Coming Home to Ziklag

Describe what you saw when you arrived home at Ziklag.

2. Dealing With the Problem

Write down all the feelings you felt and how you coped with the problem.

3. The Rescue Mission





You continued with David across the brook. What did you think when you found the Amalekite slave lying in the field? What was going through your head when you heard what the slave said?

4. A Great Victory





How did God give David and all his men great victory?

THE WRONG WAY VS. RIGHT WAY

Instructions: Complete the tables below by reading the passages to find out how the characters in the passages dealt with their problems the wrong way and the right way.

The Wrong Ways of Dealing With Problems		
Bible Passage	What was the problem?	What did s/he/they do?
Exodus 17:1-4 		
Genesis 30:1 		
Numbers 13:31-14:4 		
2 Kings 1:2-3, 17 		

The Right Ways of Dealing With Problems

Bible Passage	What was the problem?	What did s/he/they do?	How did God answer?
Genesis 25:21 	Isaac's wife Rebekah did not have children.		
Daniel 2:1-3, 12-19 	Daniel and his three friends, along with all the other wise men, would be killed if they could not interpret the king's dream.		
2 Kings 5:1, 9-14 	Naaman had leprosy.		
Mark 10:46-52 	Bartimaeus was blind, and he had to beg for a living.		

C. Why should we turn to God when we face problems? Look up the Bible verses and fill in the blanks.

1. God is all-powerful, all-knowing, and ever-present.

a. "I will _____ up my _____ to the _____—From whence comes my help?
My help comes from the _____, who _____ and _____." (Ps 121:1-2)

b. "For with _____ will be _____." (Lk 1:37)

2. God loves and cares for us.

a. "_____ all your _____ upon _____, for He _____ for you." (1 Pet 5:7)

3. His way is the best way.

a. "For _____ are not _____, nor are _____
_____, " says the LORD. For as the _____ are higher than the _____, so are _____
_____ higher than your ways, and _____ than your thoughts." (Isa 55:8-9)

b. "Now to Him who is able to do _____ all that we
_____ or _____, according to the _____ that works in us." (Eph 3:20)

4. God is faithful.

a. "For the Scripture says, 'Whoever _____ on _____ will not be put to _____.'" (Rom 10:11)



FINDING STRENGTH IN TRIALS

Instructions: Read the following scenarios and look up the Bible verses. Then, match the verse to the person that it can strengthen.

o Eph 6:1-2 o Ps 54:4 o Phil 4:6 o Mk 11:25 o Josh 1:9

1. Danny had just moved to town from overseas and was trying to settle in school and church, but he was struggling. Everyone spoke English so quickly that he couldn't understand what they were saying, and he would get nervous every time the teacher would ask him a question. He didn't have enough courage to speak up and was worried that if he asked for help, it would make him look silly and no one would want to be friends with him.

Verse: _____

2. Elise had been best friends with Carol for as long as she could remember. But one day, they had a big fight and Carol said she didn't want to be friends with Elise anymore. She ignored Elise's messages and would walk away from her when they saw each other at school or church. Elise was confused and deeply saddened. "If Carol is going to ignore me, then I'll ignore her, too. I don't need such friends." Elise thought.

Verse: _____

3. Harry's dad recently lost his job, which meant that their whole family had to cut down on how much they spent. But Harry's school was having a field trip to the local sports team's stadium, which Harry had been looking forward to all year. Harry's dad told him that they couldn't afford for Harry to go on the field trip. Harry tried to keep a brave face in front of his dad, but inside he was feeling very disappointed and angry. He went to his room and threw his books on the floor.

Verse: _____

4. Lisa had always been close to her grandma. They always did things together, whether it was watching TV or going for walks in the park. But one day, her grandma fell down during one of their walks, and they had to take her to the hospital. Lisa's parents told the family to pray for her grandma because it was very serious. When Lisa heard this she was sad because her grandma might pass away.

Verse: _____

5. Jake was extremely excited—his soccer team had made it to the finals of the junior tournament! Victory was, in his mind, only a game away. He could practically see the medals and the shining trophy in the school cabinet display. His excitement, though, was combined with a great deal of nervousness. Because of this, he decided to spend extra time practicing after school each day. Jake practiced very hard, but at the same time, his anxiety about the game was increasing, too. What if he made a mistake that caused his team to lose? He knew that everyone played as a team, but in the past, he had made silly mistakes.

Verse: _____

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Homework Assignment

Name: _____ Parent signature: _____ Date: _____

Weekly Bible Reading: _____

Bible Reading: Check each box when you complete that day's reading.**Prayer:** Check each box after you pray to God that day.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Read							
Pray							

What I Learned from the Bible This Week

1. _____

2. _____

Memory VersePlease write down this week's memory verse. (**Psalm 23:4**)

Short Answer

1. Why were the below people discouraged and how did they react when they were discouraged?

a. David

b. David's men

2. How did David inquire of God? How can we inquire of God today?

3. How can the following students be strengthened by the Lord, and what does the Bible say?

Sibling Rivalry

Nelson is always frustrated with his older sister Nancy. He feels as if she doesn't understand him. As a result, the two are always getting into fights and getting scolded by their parents. But Nelson feels that his parents always scold him more harshly than Nancy, and he feels alone and angry.

How can he be strengthened by the Lord?

The Bible says (Eph 4:29-32):

The Looks

Claire's friends at school are always complaining that they don't look pretty enough. They compare themselves to pop stars and want their hair and clothes to be like their idols'. Claire's parents can't afford to buy her such expensive brand name clothes, so her classmates constantly tease her about the way she dresses and looks. Claire feels very discouraged and sad.

How can she be strengthened by the Lord?

The Bible says (1 Sam 16:7; Mt 6:25-33):

Excluded

Jack always says grace at school before he eats lunch. But all of his friends and classmates make fun of him, saying he's weird and a loser for doing that. This discourages Jack because he's trying to do the right thing, but he feels like he is suffering because of it.

How can he be strengthened by the Lord?

The Bible says (Mt 5:11-12; 14-16):