

# LESSON 7

## THE HOLY SPIRIT TRANSFORMS US

### Worksheets

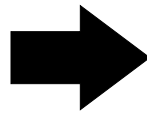
- Bible Discovery Worksheet: The Holy Spirit Transforms Us
- Life Application Worksheet #1: The Holy Spirit in Action
- Life Application Worksheet #2: Testimony: Be Transformed by the Holy Spirit
- Homework

# THE HOLY SPIRIT TRANSFORMS us

**Directions:** Read the verse and fill in the blanks.

## 2 Thessalonians 2:13

"But we are bound to give thanks to God always for you, brethren beloved by the Lord, because God from the beginning chose you for salvation through \_\_\_\_\_ by the Spirit and belief in the truth."

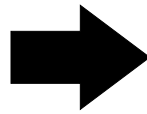


**The Holy Spirit \_\_\_\_\_ us.**

The Holy Spirit makes us sensitive to sin and helps us to live a holy life that God would be pleased with.

## Acts 1:8

"But you shall receive \_\_\_\_\_ when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

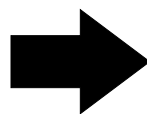


**The Holy Spirit gives us \_\_\_\_\_.**

The Holy Spirit will empower us to preach the gospel and give us the strength to overcome our sinful nature.

## John 16:12-13

"I still have many things to say to you, but you cannot bear them now. However, when He, the Spirit of \_\_\_\_\_, has come, He will guide you into all \_\_\_\_\_; for He will not speak on His own authority, but whatever He hears He will speak; and He will tell you things to come."

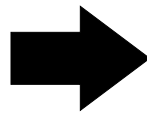


**The Holy Spirit helps us to understand the \_\_\_\_\_.**

The Holy Spirit can open our minds to understand the words of God in the Bible.

## Galatians 5:22-23

"But the \_\_\_\_\_ of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law."



**The Holy Spirit helps us to bear the \_\_\_\_\_ of the Holy Spirit.**

The Holy Spirit will help us bear spiritual virtues that will make our nature more like God's.

**Directions:** Draw a line to match each scenario with one way the Holy Spirit helps us.

Amanda is walking home from school, as she does every day. As she is walking, she sees a few bills fall from the backpack of the student in front of her. After noticing that she is the only one who saw the money fall out, she picks up the money. In her heart, there is a quick thought telling her just to keep it. No one would know! The moment the thought comes into her mind, she feels a pang in her heart. The Holy Spirit is reminding her not to sin, and at that moment, Amanda knows what she has to do. After catching up to the student who had dropped the money, she taps him on the shoulder and says, "You dropped this!"

Before receiving the Holy Spirit, Paul had a difficult time understanding what he was reading in the Bible. He could read all the words, but nothing would make any sense. Now that he had the Holy Spirit, he found that he could understand the Bible more than he had before. Also, now when he encountered passages he didn't understand, Paul would pray to God to give him the wisdom to understand.

Timothy's parents were so amazed at the changes in his behavior after he had received the Holy Spirit. Timothy was no longer angry all the time, and was now even willing to help out with chores around the house. Most importantly, he was more gentle and loving towards his younger brother. Seeing his transformation, his parents praised and gave thanks to God, because they knew that it was God's Holy Spirit that transformed Timothy.

Lisa had a difficult time talking to her friends about church, but after she received the Holy Spirit, she was so certain that God existed. She was so excited about the precious gift that God had given her that she actually wanted to share it with her friends. Even though she made the determination to preach to her friends, she still felt nervous. She would question herself, thinking, "What if they think I'm weird?" or "What if they don't want to be friends with me anymore?" She shared her thoughts with her older sister, who encouraged her and prayed with her. The next day during lunch, Lisa spoke to her friends about God, and, to her surprise, her friends were respectful and didn't make fun of her. One friend was even interested in going to church with her!

# THE Holy Spirit IN ACTION

## 1. The Holy Spirit sanctifies us.



## 2. The Holy Spirit gives us power.



## 3. The Holy Spirit helps us to understand the truth.

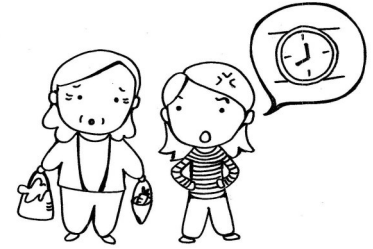


## 4. The Holy Spirit helps us to bear the fruit of the Holy Spirit



## Testimony: Be Transformed by the Holy Spirit

There was a young sister named Jennifer who was always very angry and impatient with her grandmother. No matter what her grandmother did, it would always annoy Jennifer to the point that she would just ignore her. It was impossible for the two of them to get along!



One day at church, there was a special prayer session, and Jennifer was encouraged to go up to the front to pray with all of the other RE students. She really wanted to receive the Holy Spirit because all of her friends had already received it. Her heart was determined to pray to God until she received it. As she knelt down to pray, she asked God to give her the Holy Spirit. It was at this time that God made her think about all the things that she did wrong: how she talked back and disrespected her grandmother. In the prayer, Jennifer was shocked by all the sins that she had committed. She shed many tears of repentance and asked God to help her overcome her impatience and anger. As she prayed and prayed, she suddenly felt



that God had lifted the burden from her heart and replaced it with warmth. Her tears of sadness became tears of joy as she realized that God had helped her. When the prayer ended, the pastor told her that she had received the Holy Spirit. Jennifer was so joyful when she heard the news!

When she got home later that night, Jennifer was so joyful that she couldn't sleep. She began to think about the great gift that God had given her and how she would repay Him. It was at this time that she realized she needed to change her behavior towards her grandmother. God had already forgiven her sins and now it was time for her to repay that love.

In the following months, the relationship between Jennifer and her grandmother slowly improved. Jennifer was able to be more patient when talking to her grandmother. There would still be times when Jennifer would get upset, so she would pray to God to help her have more love. Over time, Jennifer came to understand her grandmother better and they were able to talk to each other naturally. This could only be possible through the power of the Holy Spirit! Praise the Lord!



### Discussion Questions

1. What are some of the things that Jennifer did when she was praying for the Holy Spirit?
2. What transformation did Jennifer go through?
3. How did the Holy Spirit help Jennifer after she received the Holy Spirit?
4. How are you going to show your determination to receive the Holy Spirit? What can you improve on in your prayer?

