

Memory Verse

“Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you.” (1 Peter 5:6–7)

Knowledge of God’s Will [God’s Word]	Knowledge of God [God’s Divine Nature]	Good Work [Behavior]
<ol style="list-style-type: none"> 1. Jesus has authority over sickness and death. 2. A faithful prayer for healing will save the sick. 	<ol style="list-style-type: none"> 1. God is all-powerful. 2. God is our healer. 3. God cares for us. 	<ol style="list-style-type: none"> 1. Humble ourselves, reach out, and touch Jesus in faith. 2. Earnestly come to Jesus with every need.

Overview

Events and Spiritual Teaching

- A. God Is Our Healer
- B. Jesus Heals the Woman with a Flow of Blood (Mk 5:25–34)
- C. Jesus Raises Jairus’ Daughter (Mk 5:21–24, 35–43)

Life Application

1. Humble ourselves before Jesus.
2. Earnestly come to Jesus in faith.
3. Pray to God for everything.

Memory Verse

Conclusion: What reason is there for us to fear anything when Jesus has already triumphed over death? As Jesus told Jairus, “do not be afraid; only believe.”

Spiritual Teachings

A. God Is Our Healer

(Teachers: This section is repeated from Lesson 7, Section A. You may simply review its contents in brief, or skip it if your students remember the teachings.)

Today, we will study several events recorded in the gospels where Jesus healed the sick. Matthew 9:35 records: “Then Jesus went about all the cities and villages, teaching in their synagogues, preaching the gospel of the kingdom, and healing every sickness and every disease among the people.” These included those who suffered from illnesses, chronic diseases, disabilities, and even incurable conditions such as the lame and the blind (Mt 15:30–31). Throughout His ministry, none who came to Him for healing were denied.

But when we look at the healing that Jesus performed, we must understand that His focus was not on physical healing. All forms of physical suffering and illness came as a consequence of Adam and Eve’s sin. Yet God, who is full of divine compassion and mercy, sent Jesus to give His life by dying on the cross for us, so that “by His stripes we are healed” (Isa 53:5). Rather than to provide physical healing, Jesus came to provide redemption and “to seek and to save that which was lost” (Lk 19:10). That is the ultimate purpose of His healing—to redeem sinners.

In fact, the entire gospel is summed up in Luke 4:18–19:

*“The Spirit of the LORD is upon Me, because He has anointed Me to preach the gospel to the **poor**; He has sent Me to heal the brokenhearted, to proclaim liberty to the **captives** and recovery of sight to the **blind**, to set at liberty those who are **oppressed**; to proclaim the acceptable year of the LORD.”*

Poor	“Blessed are the poor in spirit, for theirs is the kingdom of heaven” (Mt 5:3).
Captives	“Those who through fear of death were all their lifetime subject to bondage” (Heb 2:15).
Blind	Those who turn “from darkness to light, and from the power of Satan to God, that they may receive forgiveness of sins and an inheritance among those who are sanctified by faith in Me” (Acts 26:18).
Oppressed	Those that were under the oppression of sin and Satan.

Every healing is a clear display of Jesus’ compassion, grace, and mercy. They are proof of His divine authority, and of a never-changing God whose heart is full of love for those who suffer. We know that God is the one “who heals all your diseases” (Ps 103:3), as well as the one who “heals the brokenhearted and binds up their wounds” (Ps 147:3). So, when we desire healing, we must ask for it in faith from God, our healer. And from Luke 4:18–19, we can see that the healing Jesus offers is more than a release from pain and sorrow. He offers us liberation from bondage and sin.

Mark 5:21–43 records two healings, both of which are immensely moving.

B. Jesus Heals a Woman with a Flow of Blood (Mk 5:25–34)

Understanding the Woman’s Circumstances

This woman was desperate to reach out to Jesus. A flow of blood for twelve years was a heavy burden to live under, both physically and socially. According to Leviticus 15:19–31, her flow of blood made her ceremonially and socially unclean. The Scriptures also tell us that she had “suffered many things from many physicians.” Not only that, but she “had spent all that she had and was no better, but rather grew worse” (Mk 5:26).

The Woman's Great Faith

This woman knew that she was ceremonially unclean. If she touched or even approached Jesus, she would surely be judged or condemned, so she dared not publicly ask Jesus to be healed. Therefore, she thought, "If only I may touch His clothes, I shall be made well." This thought and her actions clearly demonstrate her faith. Matthew 9:20 records that the woman touched only the "hem of His garment," that is, the edge of His outer garment.

The Woman's Faith Made Her Well

When the woman touched Jesus Christ's garment, "immediately the fountain of her blood was dried up, and she felt in her body that she was healed of the affliction" (Mk 5:29). In that instant, Jesus knew that power had gone out of Him. It is amazing to note that both the woman and Jesus Christ knew something miraculous had happened when she touched His garment. Jesus turned around and asked, "Who touched My clothes?" (Mk 5:30).

He knew what had happened but asked her to reveal herself so that she could understand what had truly made her well. Upon her fearful confession, Jesus told her, "Daughter, your faith has made you well" (Mk 5:34). To call her "daughter" was a sign of a father's love, an expression of tenderness and care that surely would have alleviated her fears. Jesus clearly told her that it was not the act of touching His garment that had healed her, but her belief in His power that made her well. Her faith in Jesus drove her to reach out to Him, and she was rewarded for this faith.

Discussion Questions

1. How did the woman's actions demonstrate her faith in Jesus Christ?

The first obstacle the woman faced was the crowd; as an unclean person, she may have received punishment upon discovery of her status as an unclean person. Following this, her aim was to touch Jesus' garment, which could be considered yet another offense. Even knowing this, she was determined to follow through despite her fears. As a result, her faith in Jesus' power was rewarded.

2. "Immediately the fountain of her blood was dried up, and she felt in her body that she was healed of the affliction." What can we learn from the power of Jesus?

Jesus has the power to heal physically, spiritually, and emotionally. He can heal and cast out demons. Jesus alone can make us whole. The amazing thing is that she could feel her body was healed completely of the affliction.

3. Why did the woman tremble with fear? Why did she fall before Him and tell Jesus the whole truth?

She didn't want anyone to know that she had touched His clothes, as she knew she was unclean. Now that Jesus was looking for her, she trembled with fear because she thought Jesus might rebuke her and the crowd might know her shame. She told Jesus the whole truth because she knew that He alone was the one who healed her.

4. When Jesus said, "Daughter, your faith has made you well. Go in peace, and be healed of your affliction." What does this tell us about the heart of Jesus?

The fact that Jesus called her "daughter" is very comforting and caring. He treated her like His own child. Jesus is our Father, full of mercy and grace. Nothing is impossible with God when we come to Him with faith and trust. This woman exhibited her faith in an amazing way, and Jesus answered her sincere and silent plea.

Spiritual Teachings

1. “Daughter, your faith has made you well” (v. 34)

When we act on our faith, we can be made well, too. If we act with faith, as this woman did, we can receive Jesus’ healing power.

2. Tell Jesus the whole truth about our sin (v. 33)

We need to tell Jesus about what we are going through and what we have done. He knows where we are hurt, and He is ready to heal us.

C. Jesus Raises Jairus’ Daughter (Mk 5:21–24, 35–43)

Jairus Approaches Jesus and Begs Earnestly

Throughout His ministry, Jesus had been opposed by almost all of the Jewish leaders. Jairus, as a ruler of a synagogue, was one of those leaders himself. Despite his peers’ hostility against Him, Jairus openly came to Jesus. Jairus then fell at Jesus’ feet and begged Him earnestly to save his daughter, who was at the point of death (v. 23). Jairus humbled himself sincerely before Jesus and presented his earnest request because he truly believed that Jesus’ power would heal her. He demonstrated great faith and a bold confidence in Jesus’ power.

“Do not be afraid; only believe.” (v. 36)

When Jairus heard that his daughter was dead, he must have been devastated. But Jesus told him to do two things: to stop being afraid and only to believe. This encouragement must have been difficult to follow. Yet, Jairus only had one choice: to believe in Jesus’ words. Jairus, who lost all of his hope, now had hope through Jesus Christ.

Jesus permitted no one to follow Him except Peter, James, and John (v. 37)

The Bible does not record why Jesus only chose these three disciples to follow Him, but we can infer that they are His closest disciples. Upon arriving at Jairus’ house, He saw a crowd weeping and wailing loudly. He entered the house and proclaimed, “The child is not dead, but sleeping.” Rather than feeling hope or comfort, those at the house began to ridicule Him. In response, Jesus put the crowd all outside, and went in with His chosen disciples and the child’s parents.

“Little girl, I say to you, arise.” (v. 41)

Jesus took her hand and said, “Little girl, I say to you, arise.” Jesus returned life to the girl with the power of God, who gives life to the dead (Rom 4:17). Jesus went above and beyond Jairus’ request—He resurrected his daughter! When He told Jairus to stop being afraid and only to believe, He spoke with full assurance. As a result, Jairus’ trust in Jesus was rewarded, his faith strengthened, and his daughter lived.

Discussion Questions

1. Jairus was a respected leader in the community, yet he showed humility when asking for Jesus’ help. How did he show humility, and what can we learn from his humility?

Though a respected community leader, Jairus did not use his authority to plead for Jesus’ help. Rather, he humbly begged Jesus to heal his daughter who was near death. When we have such humility, Jesus is ready to answer our earnest plea.

2. What reactions did the people have when Jesus came into Jairus’ house?

They wept and wailed, believing nothing could be done, and they ridiculed Jesus when He said she is not dead but sleeping. They didn’t believe in Jesus and His power of healing. They thought it was too late, indicating their lack of faith and trust in God.

3. “The child is not dead, but sleeping” (Mk 5:39). What teaching can we draw from this?

In the New Testament, death is often referred to as “sleep” (Acts 7:60; 1 Cor 11:30). The Bible teaches us that the death of our physical body is not final, for Jesus has triumphed over death and has given us the same triumph. When we believe in Him, we no longer have a reason to fear death (1 Cor 15:55) (BSG: Mark, 7.3: 13).¹

Spiritual Teachings

1. “Do not be afraid; only believe.” (Mk 5:36)

We all face fear, despair, or doubt from time to time. Jairus’ faith encourages us to face our fear and despair at seemingly impossible times in our lives. Faith in Jesus demands us to believe in Him, despite fear of the unknown. By showing our faith, we can overcome our fear or doubt.

2. Jesus is compassionate, and His healing power extends to everyone

From this passage, we learned that Jesus helped the daughter of Jairus, a synagogue ruler and prominent person in society, and a woman who was a social outcast. Jesus healed them both, teaching us that His compassion and power are for all, regardless of social standing.

Check for Understanding

- 1. What did God do in response to the physical suffering and illness that was brought about by Adam and Eve?** He sent Jesus to give His life by dying on the cross for us, so that “by His stripes we are healed” (Isa 53:5). Rather than physical healing, Jesus came to provide redemption and “to seek and to save that which was lost” (Lk 19:10).
- 2. Why was the woman so desperate for healing?** A flow of blood for twelve years was a heavy burden to live under, both physically and socially. According to Leviticus 15:19–31, her flow of blood made her ceremonially and socially unclean. The Scriptures also tell us that she had “suffered many things from many physicians.” Not only that, but she “had spent all that she had and was no better, but rather grew worse” (Mk 5:26).
- 3. How did the woman show her faith?** As an unclean person, she may have received punishment upon discovery of her status as an unclean person. Following this, her aim was to touch Jesus’ garment, which could be considered yet another offense. Despite this, she still persisted and made her way through the crowds to touch the hem of Jesus’ garment.
- 4. What was unusual about Jairus’ approach of Jesus?** Jairus was a Jewish leader, and most Jewish leaders greeted Jesus with hostility. But Jairus not only believed in Jesus’ power, he approached the Lord earnestly and humbly begged for His aid in public.
- 5. Upon reporting his daughter’s death, why did the men tell Jairus that there was no point in bothering Jesus anymore?** They believed that now that his daughter was dead, Jesus could no longer help.
- 6. Why do we as Jesus’ believers no longer need to fear death?** Because Jesus has triumphed over death and has given us the same triumph.

Life Application

1. Humble ourselves before Jesus.

Nothing could be more different between the approaches of Jairus and the woman, but they had one thing in common: their faith in Jesus. Despite his authority as a Jewish leader, Jairus humbled himself

¹ TJC Department of Literary Ministry, *Bible Study Guide: Mark*, (Malaysia: True Jesus Church, 2012), http://bsg.tjc.org/tjc_bsg_lesson/mark-9/, 7.3: 13.

before Jesus and was not ashamed to plead for help. And despite her uncleanness, the woman humbly set aside her shame and fear to touch Jesus' garment and confess her actions.

- Share a time when you have humbled yourself before the Lord.

2. Earnestly come to Jesus in faith.

All of us have experienced being sick or ill in some way, physically or spiritually. Do you know who needs healing now in your family? At your church? God can heal us physically, emotionally, and spiritually. But we must earnestly come to Jesus with faith, just as these two did. We all face fear, despair, or doubt from time to time. Jairus' belief encourages us to have hope in the face of our fear and despair. He shows us that to have faith in Jesus means relinquishing trust in oneself, and instead placing our trust fully in God. Faith in Jesus demands that we believe in Him, despite fear of the unknown and our desire to control our own lives.

- When we face hardship or difficulties, what does it mean to have faith in Jesus?
- How do you deal with fear or despair during your struggles? What do you do to overcome it?

3. Pray to God for everything.

After raising Jairus' daughter, Jesus reminded him to give her food. This shows us that He never overlooks the little details of our lives. We need to tell Jesus about what we are going through and what we have done. He knows where we hurt, and He is ready to heal us. Nothing is too great for Him, and nothing is insignificant to Him. We pray to God not only for Him to heal the sick or to find a job, but for all matters, even things as simple as finding a lost item or resolving an argument. When we pray with all our hearts, God may answer with much more than our request, in accordance with our faith. God listens to every prayer that is accompanied by faith, for "without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him" (Heb 11:6).

Memory Verse

"Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you." (1 Peter 5:6–7)

Meaning

Jesus knows us inside out—He knows our personality, our state, and our feelings. It does not matter if we are shy or bold, young or old, leader or outcast. He loves us, and He cares about all of our needs. He cares about our fears, doubts, challenges, and crises, and He is ready to help. As long as we humble ourselves under His mighty hand, He will exalt us in due time. So, what do you fear? What do you need? Jesus is right here, waiting. Talk to Him, tell Him the whole truth, and have faith in Him because He truly cares for us, and He has the power to take care of us.

Conclusion

Like Jairus and the woman, we too need only believe in Jesus' power. He has already triumphed over death, and He has proven over and over again that He keeps His promises. And to us, He has promised the greatest of rewards: everlasting life. When we believe in Him, as long as we reach out to Him, we have no reason to fear death (1 Cor 15:55). Jesus promises that we shall be resurrected in a spiritual body (1 Cor 15:22, 43–44), and thus will always be with the Lord (1 Thess 4:17). Jesus said to Jairus, "Do not be afraid; only believe." Knowing that Jesus has already triumphed over death, what reason is there for us to fear anything on this earth?

Lesson 8 Homework Assignment Answer Key

1. What does the memory verse tell us about how to approach Jesus? What happens when we do?
We must approach Him with humility. He will exalt us and help us, because He cares for us and has the power to take care of us.
2. What about the woman's belief and actions indicated her great faith?
The fact that she believed she needed only to touch the hem of Jesus' garment to be healed. Also the fact that she risked punishment for entering the crowds and touching Jesus, yet still did so despite knowing this.
3. What can we learn from Jesus' response to the woman?
Jesus will wait patiently for us to come to Him of our own accord. And when we do, He is ready to comfort us and strengthen our faith.
4. What can we learn from Jairus' approach of Jesus?
He humbled himself sincerely before Jesus and had complete faith in Jesus' ability to heal his daughter.
5. What does it mean to truly have faith in God?
This means believing in Him, despite fear of the unknown and our desire to control our own lives. It means relinquishing trust in ourselves and the actions we can take, and instead trusting fully in Jesus' power and guidance.
6. Write about a time in your life when you were afraid and perhaps doubted Jesus. What lessons did you learn? How would you apply the teachings of Jesus in the future?
Personal answers.