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THE BOOKS IN THE OLD TESTAMENT (I): THE TORAH

"Therefore know that the LORD your God, He is God, the faithful God who keeps covenant and mercy for a thousand generations with those who love Him and keep His commandments." (Deuteronomy 7:9)

Objectives	
	Learn an overview of the key teachings in the Torah. Understand the
Knowledge of God's Will	importance of the Torah, and how the covenants in the Old Testament form
	the foundation for the New Testament covenant.
Knowledge of God's	God is the same yesterday, today, and forever. He is faithful, and His promises
Divine Nature	are true.
Good Works	Develop a personal relationship with God by growing in our knowledge, love,
	and trust in Him.

A. Overview of the Torah

1. The Testaments

It is important to remember that the Bible is comprised of both testaments, not just one of them. They are both connected to the theme of salvation, which is the purpose of God's word.

2. The Torah

The Torah is incredibly important because it forms the foundation of all Judaic teachings. The kings of Israel repeatedly referred to the laws contained in these books, and even Jesus Christ quoted from them while teaching His followers. As Jesus said, He came not to abolish the law, but to fulfill it (Mt 5:17).

B. God's Covenants with Mankind

1. The Mosaic Laws (Deut 6:1–3; 8:19–20)

The Mosaic laws were part of a conditional covenant that God made with His people. If they listened, obeyed, and followed Him, He would bless them. If they did not, then He would judge them by their deeds. However, knowing that obeying the laws was difficult to do, God understood mankind's weaknesses and sent down His only Son to complete the covenant.

2. God's Covenants Today

Like the Israelites, as long as we obey God, He will bless us, and through Jesus Christ, God's promises to Abraham have extended to any willing to believe in His name.

C. The Lasting Covenants

Throughout history, God has consistently sought to rescue His people from sin and death by offering a way to be saved. He offered these paths to salvation through various covenants with mankind. When we study them more closely, we can see that God's plan for our salvation began from the moment mankind was created.

The Old that Led to the New

While it seems as if the Old Testament books are irrelevant, the Torah still contains a "shadow of the good things to come" (Heb 10:1) and serves as a "tutor to bring us to Christ, that we might be justified by faith. But after faith has come, we are no longer under a tutor" (Gal 3:24–25).

Life Application: My Relationship with God

Lesson 4 Homework Assignment

The Books in the Old Testament (I): The Torah

Memory Verse (Deuteronomy 7:9):

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Read							
Pray							

1. Why is it important to understand God's faithfulness to His covenants?

- 2. Pick one book from the Torah. Explain the meaning of its name and summarize its key events.
- 3. Explain the conditions of the covenant that God gave to the Israelites through Moses at Mount Sinai.
- 4. "Therefore the ______ was our tutor to bring us to ______, that we might be ______ by _____. But after ______ has come, we are no longer under a tutor." (Galatians 3:24–25)
- 5. Describe one characteristic of the Old Testament covenant and compare it to the new covenant.
- 6. If you were unable to finish the activity sheet during class, do so now. What did you decide to do for step #5 on the activity sheet? Write it down and come back next week to see if you did it. If you didn't, try rethinking what you can do and write that down instead.

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Lesson 4 Activity: My Relationship with God

How would you describe your current relationship with God? Take a moment and consider: do you enjoy spending time with Him? Do you actively seek out His presence, or instinctively turn to Him when you are in trouble?

- 1. Evaluate your relationship with God and give it a score out of fifty (fifty meaning you have an excellent relationship with God). Write down your score: ____/50
- 2. Next, consider the following questions and rate yourself from 1 to 5, 1 being "not at all," and 5 being "all the time."

1.	Do you prioritize God's work in your life, and do your best to serve Him both inside and outside of church?			
2.	When you are in trouble, do you immediately say a silent prayer asking God for help?			
3.	When you or a family member is sick or not feeling well, do you set aside time to pray for them or for yourself?			
4.	When you struggle to understand anything, whether a Bible verse or something you are learning at school, do you ask God for help?			
5.	Do you recognize God's blessings in your life and remember to thank Him for them?			
6.	Does your conscience sting you when you are faced with a decision between God's will and your own desires?			
7.	Do you frequently communicate your situation and feelings to God, as much as you would your friends or family?			
8.	At times when you realize that you have sinned, do you feel regretful towards God and try to change your ways?			
9.	Do your prayers feel focused and fulfilling?			
10.	Do you look forward to spending time with God on Sabbath days, and pay close attention to His words during sermons or RE classes?			
	Total Score:	(/!	50)

3. Add up your score. How did you rate overall? Was your score better or worse than your initial rating of your relationship with God?

No matter what your score was, there are always ways to improve our relationship with God. What are obstacles that may be hindering your relationship with God?

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There may be many things that are stopping us from drawing closer to Him, but there are also a lot of different ways we can grow our relationship with God. It is always easier to take steps when we find specific areas to improve upon. Once we have found an area to focus on, we can break it down into more manageable goals.

- 4. Now go back to the chart and do the following:
 - a. Add a **check** next to the statement that you feel most closely describes your relationship with God.
 - b. Add a **star** next to the statement that you need to work on the most.
- 5. Based on the statement that you added a star to, brainstorm different ways to nurture your relationship with God. For example, think of ways to rearrange your schedule, methods to help you prioritize how you use your time, or where you can find help in dealing with temptations that interfere with your relationship with God.