

Name: _____

Date: _____

A HEART OF TRUST AND HUMILITY

“Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you.” (1 Peter 5:6–7)

Objectives

Knowledge of God’s Will	Trust God in all circumstances by doing the best we can without worry or anxiety. Keep a humble heart by remembering God’s power and provision.
Knowledge of God	God is worthy of our trust. He loves those who are humble.
Good Works	Applying trust in our lives requires and produces patience. Cultivate a heart of true humility.

A. Joseph’s Trusting Heart

Betrayed by his family, torn away from the comforts of his home, and faced with the dreadful fate of a slave, Joseph’s reaction was simple yet deeply meaningful: he patiently waited and trusted in God.

1. *Joseph as a Slave (Gen 39:1–6)*: In this very lonely time in his life, with no friends, family, or even fellow worshippers, God was Joseph’s only and closest confidant. Nothing in Egypt was familiar to him, but he still had God.
2. *Joseph as a Prisoner (Gen 39:7–23)*: Once again, Joseph could have given up on his faith or complained against God. But he simply continued doing what he did best: he trusted God, worked hard, and fulfilled his duties to the best of his ability.
3. *Joseph Is Forgotten by the Cupbearer (Gen 40:14–15, 23)*: In a third test of patience, the cupbearer forgot about Joseph after being restored to his position. Yet, it is clear from when he stood before Pharaoh that Joseph had not lost faith in God (41:16).

For thirteen years, Joseph experienced a roller coaster of hope and disappointment. But he remained patient and trusting from the moment he was sold until the day he came to oversee Egypt.

B. Moses’ Heart of Humility

1. *Moses as a Prince of Egypt (Ex 2:1–15)*: Moses received the finest education of the time and lived at the top of the ladder by the standards of men, but it was at this point in his life that he was impulsive, rash, and lacked discretion.
2. *Moses as a Shepherd (Ex 2:16–22)*: His time as a shepherd had transformed Moses from a reckless prince to an uncertain herdsman. We can now see that God had deliberately used this time to train him in a characteristic necessary for all his workers: humility.
3. *Moses as the Israelites’ Leader*: Throughout the many miracles recorded in Exodus, Moses remained humble and devoted to God. We can see this in his management of the Israelites, his deference to God, and his love and respect towards his co-workers.

Pride is an incredibly simple tool of Satan’s, and yet countless brethren have fallen to it. Despite his position, authority, and power, Moses was able to remain a humble man because he knew that he would be unable to accomplish anything at all if God didn’t allow it (Jas 4:14–16).

Life Application

1. *Applying Trust in our Lives*
2. *Living in Humility*

