

Name: _____

Date: _____

TRUE WORSHIP

“You are worthy, O Lord, to receive glory and honor and power; for You created all things, and by Your will they exist and were created.” (Revelation 4:11)

Objectives

<i>Knowledge of God’s Will</i>	True worship means worshipping in spirit and truth. The Bible has taught us the importance of worshipping together with our spiritual family.
<i>Knowledge of God</i>	God is glory, honor, and power.
<i>Good Works</i>	Learn the characteristics of true worship. Worship God during trials. Learn to set aside time for true worship.

A. The Meaning and Purpose of Worship

We shouldn’t let the word “worship” become meaningless! It is important that we try to offer true worship to God not just on the Sabbath, but in every day of our lives. But what is worship, and what does it mean to truly worship God? Here are two examples from the Bible.

1. *Mary and Martha (Lk 10:38–42)*: While Martha labored, Mary listened. She found a place of stillness at Jesus’ feet, and calmly listened to His words.
2. *The Canaanite Woman (Mt 15:21–28)*: Despite Jesus’ words and her status as a Gentile, she took the words as a chance to draw out her faith, and worshiped Jesus despite His seeming prejudice.

From these two women, we can see that true worship:

1. *Is humble and simple*: The Gentile woman simply said, “Lord, help me!”, and all Mary did was sit and listen. Worship doesn’t have to be complicated, grandiose, or special!
2. *Means being personally engaged*: True worship means actively engaging with God, seeking Him out, and learning about Him.
3. *Is determined and sincere*: The Gentile woman’s reaction shows that her worship may have been desperate, but it came from determination and her sincere faith that Jesus could save her child.

B. Worshipping God in Spirit and Truth

1. *Prepare our hearts*: The first step is to cleanse ourselves from within and prepare our hearts.
2. *Keep a reverent heart*: Reverence requires stillness and quiet (Ps 46:10), order (1 Cor 14:40), and joy (Ps 100:2). This means a calm heart in church and behaving in an orderly manner.
3. *Keep a thankful heart*: God loves a thankful heart (1 Thess 5:18).
4. *Praise the Lord with hymns*: Praising God is also an important part of worshipping Him (Eph 5:19).
5. *Serve one another*: Imitate Jesus’ servitude out of love for God and for each other (Mt 6:1–4).

C. Worshipping with our Spiritual Family

As fellow citizens of God’s household, the Bible teaches us to come together to worship (Heb 10:25; Phm 1:7; 1 Jn 1:3–4). As a group, we can offer each other joy, encouragement, comfort in times of need, and fellowship. Moreover, we can help each other increase in spiritual knowledge. All of these help us draw closer to God in ways that non-members cannot help us to do.

Life Application: The Daily Habit of Worship

Name: _____

Date: _____

Lesson 7 Homework Assignment

True Worship

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Read							
Pray							

Memory Verse (Revelation 4:11):

1. What is a key reason we attribute so much honor to God?
2. “But the _____ is _____, and now is, when the true _____ will _____ the Father in _____ and _____; for the Father is _____ such to _____ Him.” (John 4:23)
3. Explain the difference between Martha and Mary. What can we learn from Mary’s actions?
4. What can we learn from Mary’s use of fragrant oil to worship the Lord Jesus?
5. What are three characteristics of worship that we learned from examples in the Bible?
6. Of the five ways to worship God in spirit and truth, which two do you need to work on the most, and how can you improve upon them both this week?